

# 2020年產科門診產前講座時間表



OBSTETRIC OUTPATIENT DEPARTMENT

ANTENATAL TALKS 2020 Timetable

項目 Item	課程 Content	講者 Speaker	日期 Date
1	<b>產後護理</b> Postnatal Care	PN助產士/社康護士 Midwife/Community Nurse	29/2, 23/5, 1/8, 10/10, 19/12
2	<b>嬰/幼兒培育</b> Nurturing of Baby	註冊社工 Registered Social Workers	7/3, 30/5, 8/8, 17/10
3	<b>生產過程</b> Labour	助產士 Midwife	14/3, 6/6, 15/8, 24/10
4	<b>母乳哺餵 (I)</b> Breast feeding (I)	助產士 Midwife	4/1, 21/3, 13/6, 22/8, 31/10
5	<b>母乳哺餵 (II)</b> Breast feeding (II)	助產士 Midwife	11/1, 28/3, 20/6, 29/8, 7/11
6	<b>(I) 產前護理</b> <b>(II) 骨盤底肌運動</b> (I) Antenatal Care (II) Pelvic Floor Exercise	助產士 理遺科專科護士 Midwife Continence Nurse Specialist	18/1, 18/4, 27/6, 5/9, 14/11
7	<b>家 + 加點愛</b> Love in Family	和諧之家 社區教育主任 Registered Social Workers	1/2, 25/4, 4/7, 12/9, 21/11
8	<b>透視寶寶心</b> Understanding Infants	臨床心理學家 Clinical Psychologist	8/2, 2/5, 11/7, 19/9, 28/11
9	<b>嬰兒護理</b> Infant Care	助產士 Midwife	15/2, 9/5, 18/7, 26/9, 5/12
10	<b>產後情緒知多少</b> Postnatal Mood	社工 Social Worker	22/2, 16/5, 25/7, 3/10, 12/12

**地點：**觀塘協和街130號基督教聯合醫院  
S座地下婦產科門診部大堂

**Venue：**O&G Clinic Waiting Hall, G/F, Block S, United Christian Hospital,  
No.130, Hip Wo Street, Kwun Tong

**時間：**逢星期六上午十一時至中午十二時  
共十講，迴圈式進行（假期暫停）

**Time：**Saturday, 11:00 AM - 12:00 N except public holidays.  
Total ten lectures in repeating cycles.

● 如以下天氣情況發生時，講座將會取消而不作順延：

- i) 上午八時或以後仍然懸掛或快將懸掛八號風球或；
- ii) 上午八時黑色暴雨警告訊號仍然懸掛

● 出席產前講座班之孕婦必需攜帶覆診/預約紙或白咭或母嬰健康院之黃咭。

● 本院保留更改講座權利，不作另行通知。

● 如有任何疑問，歡迎致電查詢，電話：3949 5555。

1. Our A/N lecture priority for our A/N booking case & under our KEC MCH share care client only.  
Please bring with MCH record card or appointment slip or obstetric record card, and attend A/N talk directly.

2. **Lecture will be cancelled when:**

- Typhoon Signal No. 8 or above is hoisted on/after 08:00 a.m.; or
- Black Rainstorm Warning is hoisted on/after 08:00 a.m.

No additional lecture will be supplemented.

3. No further notice will be made for any change of lecture dates.

4. **Lectures will be conducted in Cantonese. Please arrange translator if difficulty is anticipated.**

5. If any enquiry, please contact our hotline: 3949 5555.

**注意**  
ATTENTION