



**Alice Ho Miu Ling Nethersole Hospital &  
Tai Po Hospital  
Infection Control Team**



**Information Sheet to Patients' Relatives / Visitors for Handling of  
Food Brought into Hospital**

**In order to ensure food and patient safety, it is advised not to bring food items into hospital when visiting patients. Reheating or storage service is also not provided.**

Relatives / visitors should seek advice from ward nurse before planning to bring food into hospital and pay attention to the following points:

1. Ensure the food brought into hospital is suitable for the patient especially if the patient is on a special diet or with swallowing problem.
2. Wash hands before handling food or drinks, prepare the food as fresh as possible and cook thoroughly, store food in a sealed container before bringing into hospital to prevent contamination.
3. Fruit should be washed and cut or peeled just before consumption.
4. All cooked food brought into hospital should be consumed immediately.
5. Discard all leftover food properly.
6. Don't bring any raw food or perishable food, such as sashimi, salads etc.
7. Don't eat food past its use by date.
8. Don't bring any food with strong smell causing discomfort to others.

<b>Food can be brought into hospital (example)</b>	<b>Food not recommended to bring into hospital (example)</b>
Fresh fruit (unpeeled/uncut)	Cold Food (e.g. frozen yoghurt, ice-cream, fresh milk)
Candy or packed biscuits	Cream cake
Bottled / Canned drinks	Undercooked / Raw Food (e.g. sashimi, salads)