

<p>NTWC</p> <p>Tuen Mun Hospital</p> <p>Discharge advice after sedation for Children</p>	<p>Please use "HN" Label</p> <p>Name: _____</p> <p>HKID:HN/OP No: _____</p> <p>Sex/D.O.B. _____</p> <p>Dept: _____</p>
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The above-mentioned child has been given _____ as sedation for a test/procedure on _____ (dd/mm/yy). He/She is awake now but some of the effect of the medicine may last for some time.

Please follow the following safety precautions for the caring of your child:

FEEDING:

- Your child may vomit once or twice after sedation
- Start feeding only after your child is fully awake and alert.
- Nursing mothers can feed your child with breast milk once awake
- Other baby/child should start with clear fluid, such as water and clear juice before starting a regular diet.

Activity:

- Your child may feel dizzy and less alert, and his/her speech, concentration and motor skill will be affected in the next 24 hours
- Your child should not be left unattended by an adult in the next 24 hours.
- Do not allow your child to take part in any activities that requires coordination / concentration in next 24 hours, such as riding a bicycle or swimming.
- Have an adult sit next to your child during the ride home. Young child may fall asleep with his head fall forward or aside under the residual effect of the sedation. This may block his airway and affect his breathing.

Seek immediate medical attendance if any of the following happens:

- Your child turns blue or very pale
- Your child have problems with breathing
- Your child vomits frequently
- You cannot wake up your child from sleep

Signature : _____

Name : _____

Rank : _____

Date : _____

Above information is non conclusive, seek medical advice when abnormality detected

(Feb 2011)