



# Comprehensive Child Development Service



葵涌醫院  
KWAI CHUNG  
HOSPITAL



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## **Comprehensive Child Development Service**

Comprehensive child development service (CCDS) was developed since 2005 under the Policy Address. It is a collaboration of Labour and Welfare Bureau, Education Bureau, Department of Health and Hospital Authority, serving the mothers, children and families in need. The clinical team consists of multidisciplinary professionals including psychiatrists, clinical psychologist, psychiatric nurses and medical social workers.

### **Service aims:**

- To identify high risk mothers or mothers with mental health problems in the perinatal period.
- To provide treatment to mothers with common mental health disorders, particularly postnatal depression.
- To promote well-being of mothers and reduce their children's behavioural or developmental problems.

### **Service groups:**

Pregnant women and mothers with a child of age up to 1 year old, living in Tung Chung, Kwai Chung, Tsuen Wan, Tsing Yi, Sham Shui Po, Mong Kok and Wong Tai Sin.

### **Service characteristics:**

- Operates Perinatal Mental Health Clinic at Kwai Chung Hospital Child & Adolescent Block and East Kowloon Psychiatric Centre: Provide comprehensive psychiatric assessment, medications, individual and group psychological interventions.
- Operates Nursing services Kwai Chung Hospital Child & Adolescent Block, Maternal & Child Health Centres and the General Gynaecology & Maternity Clinic of Kwong Wah Hospital: Provide early assessment, counseling and brief psychological management. Arrange referrals to appropriate medical and social services if needed.
- Provides inpatient treatment at Kwai Chung Hospital.
- Provides psychiatric consultation and liaison services to pregnant women or mothers after delivery at the wards of Obstetrics and Gynaecology Departments.
- Provides antenatal mental health educational talks at Princess Margaret Hospital.

### **Service referral:**

CCDS accepts referrals from the Maternal & Child Health Centres, doctors of the Consultation Liaison Team, the Obstetrics and Gynaecology Departments and other specialties, the Accident and Emergency Departments, the General Outpatient Departments and private practitioners.

### **Service enquiry:**

Perinatal Mental Health Clinic

Address: 2/F, Child & Adolescent Block (Block F), Kwai Chung Hospital

Tel: 2752 4559