



Adult Psychiatric Service



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Adult psychiatric services includes in-patient service, day care service, out-patient service and community service.

In-patient Service Based on the patients' mental conditions and needs, clients may be admitted to the following wards:

1. Acute Admission Ward

Acute Admission Wards provides comprehensive psychiatric care for voluntary and involuntary clients under Mental Health Ordinance. The psychiatric team ensures a high standard of treatment and care in a safe and therapeutic setting for client. The team will observe clients' mental condition; assess and diagnose; and develop personalized care plan for the clients. If clients need a longer period of rehabilitation services, they will be transferred to post-admission wards to continue intensive treatment and rehabilitation services.

2. Post Admission Ward

Post admission wards aim to provide services for recovery and rehabilitation which cannot be provided in the community. The clients' personalized care plan will be closely monitored by the multidisciplinary team so as to facilitate timely reintegration to the community.

3. Ambulatory Care

The ambulatory care centres run specialized clinics, day hospital, treatment and community mental health services. It focuses on enhancing personalized patient-centred service with a multi-disciplinary holistic approach to care.

East Kowloon Psychiatric Centre consists of a psychiatric out-patient clinic and a psychiatric day hospital, serving the adult population in Wong Tai Sin district while West Psychiatric Centre provides consultation and rehabilitation services to the population who live in Mongkok, Shamshuipo, Lai Chi Kok, Kwai Chung, Tsing Yi and Tsuen Wan.

Both psychiatric centres include out- and day-patient services. Programs of the psychiatric day hospital aims at enhancing client's functioning in the areas of community living, social skills, work, self-care, drug-taking and other independent living skills. In order to facilitate community re-integration, multi-disciplinary team members, including psychiatrist, nurse, occupational therapist, medical social worker and clinical psychologist work closely together to formulate and implement individualized rehabilitation programmes.