

腎絞痛或腰痛

概要

腎絞痛或腰痛通常被描繪成背部兩側任何一邊的痛楚。根源通常來自腎臟或泌尿系統結石。除此之外，亦可能有很多其他的原因。

成因

以下的幾項是引致腎絞痛或腰痛的普遍原因：

1. 泌尿系統結石
2. 尿道感染
3. 腎盂積水
4. 與肌肉及骨骼有關
5. 帶狀皰疹
6. 腎癌（不常見）

檢查

以下是普遍用來找出腎絞痛或腰痛的常用測試：

1. 尿液作顯微鏡及種菌測試
2. 血液測試（腎功能）

3. 造影

- 尿路系統X光（腎，輸尿管，膀胱）
- 腎臟超音波

根據初步的測試結果，若有必要會作出進一步的專科檢查。

治療方法

醫院的專科護士會根據病人的特別情況而建議有效的治療方法

如果試結果顯示正常的病人，他們患上泌尿系統問題的可能性相對較微。若果病人的痛楚持續未減，應立刻尋求醫生的建議。

備註

以上資料只作參考用途。若有任何問題，請向你的醫護人員查詢


查詢電話：2255 1247

以上資料由瑪麗醫院泌尿外科提供



瑪麗醫院
Queen Mary Hospital

腎絞痛或腰痛 Renal Colic / Loin Pain

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Renal Colic / Loin Pain

Overview

Renal colic / loin pain is characterized by pain on either side of the back. It commonly originates from the kidney or urinary stone-related conditions. In addition, there are many other possible causes.

Causes

The following medical conditions are common causes of renal colic / loin pain.

1. Urinary stones
2. Urinary tract infection
3. Hydronephrosis
4. Musculoskeletal
5. Shingles
6. Kidney cancer (uncommon)

Investigations

The following tests are commonly

used to find out the causes of renal colic / loin pain:

1. Urine for routine microscopy and culture
2. Blood test (kidney function)
3. Imaging
 - X-ray of urinary tract (KUB)
 - Ultrasound of kidneys

Depending on the preliminary test results, further specialized investigations may be arranged accordingly.

Treatment

Our nurse will advise you on the treatment options which are appropriate for your specific medical condition.

For patients with normal test results, they have very low risk of significant urological problems. These patients are advised to seek further medical attention if pain persists.

Disclaimer

This sheet is for reference only. For queries, please contact your healthcare professional.

Telephone: 2255 1247

Information provided by

Urology Division of Queen Mary Hospital