

## 痔瘡結紮及注射治療

### 簡介

痔瘡是由於肛管的粘膜出現脫垂和腫脹而形成的。輕度的痔瘡可以使用橡皮筋結紮或硬化注射非手術方法治療。只有百分之十的痔瘡需要用外科手術切除。橡皮筋結紮或硬化注射治療都是在結直腸外科門診部進行。

### 橡皮筋結紮

醫生會將直腸鏡插進肛門檢查，然後在痔莖部位套上兩條橡皮筋來結紮並切斷血液供應令痔瘡萎縮及脫落。

### 硬化注射治療

而酚油（硬化劑）注射治療則是指在痔頸部位注入硬化劑而產生纖維化反應，使血液供應切斷令痔瘡萎縮及脫落。

### 併發症

- 尿潴留
- 肛門痛楚
- 大便失禁
- 發炎
- 肛門流血

### 注意事項

橡皮筋結紮後或硬化注射會有些微痛楚，排便不清感及至大約兩至三天後當痔瘡萎縮及脫落時，會有微量出血情況；不必擔心。此外，接受以上兩種方法治療後並不需要護理，患者可如常排便。若患處感到痛楚，可服用一般的止痛藥減輕痛楚。如有嚴重肛門腫痛，出血或發燒；請到門診或急症室診治。


一些上述未有提及的狀況亦有可能發生。如有任何疑問，請與你的主診外科醫生查詢。

以上資料由瑪麗醫院外科部提供



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## 痔瘡結紮及注射治療 Haemorrhoid (Banding and Injection)

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## Haemorrhoid Banding and Injection

### Introduction

Haemorrhoids are formed as a result of prolapse and engorgement of the anal canal mucosa. Mild haemorrhoids can be managed by non-operative treatments such as rubber band ligation and injection sclerotherapy. Surgical approach is indicated for severe haemorrhoids and accounts for only about 10 percent of patients. Rubber band ligation and injection of sclerotherapy are performed at the Proctology Outpatient Clinic.

### Rubber band ligation

The doctor will insert the proctoscope through anus to view the piles. For the banding procedure, two small rubber band is placed around the neck of the pile. This cuts off the blood supply to the haemorrhoid which then shrinks and then drops off after a few days.

### Sclerotherapy Injection

For the injection sclerotherapy, a small amount of phenol oil (sclerosing agent) is injected into the pile. This causes a fibrotic (scarring) reaction which obliterates the blood supply to the haemorrhoid. The haemorrhoid then shrinks and drops off like after banding. Both techniques can shrink the size of the pile and control the bleeding.

### Complications

- Retention of urine
- Anal pain
- Bleeding
- Incontinence
- Infection

### Remarks

Haemorrhoid banding or injection are minor procedures and safe. There may be some mild pain and sense of incomplete bowel emptying. Mild bleeding may

happen 2 to 3 days later when the haemorrhoids drop off.

Usually, no special care is required after the procedure. Patient can pass bowel motion as usual and take analgesics for pain control if necessary. Please go directly to clinic or accident and emergency department if there is anal pain, rectal bleeding or fever.

In case of any query, please consult your surgeon in the clinic.

Information provided by Department of Surgery, QMH