




瑪麗醫院
Queen Mary Hospital

新生嬰兒鎖骨骨折的護理 CARE OF BABY WITH FRACTURED CLAVICLE



 瑪麗醫院 Queen Mary Hospital	Pamphlet Topic & Department Code
Ownership	QMH/Paediatrics & Adolescent Medicine - 2
Last review/revision	May/2023
Approval	HKWC Information Pamphlet Working Group
Distribution	As requested

CARE OF BABY WITH FRACTURED CLAVICLE

Introduction

Fractured clavicle is found occasionally in the newborns. The condition may or may not be detected at birth. But the condition is usually localized and no special treatment is needed. The condition will usually heal spontaneously within 4-6 weeks.

Precautions to be taken when caring the affected babies

- ◆ Avoid lying the baby on the affected side
- ◆ Avoid raising the affected arm as well as lifting the shoulder
- ◆ When dressing up the baby, put on the sleeves of the affected arm first
- ◆ During bathing, support the baby by holding the unaffected arm only
- ◆ When holding the baby e.g. for feeding/cuddling, have the unaffected side in contact with your body

Should you have any queries, please consult your doctor-in-charge

Information provided by Department of Paediatrics and Adolescent Medicine, Queen Mary Hospital.

新生嬰兒鎖骨骨折的護理

簡介

新生嬰兒鎖骨骨折比較常見，由於骨折的情況輕微，可能未能在出生後即時發現，嬰兒一般不須接受特別的治療。骨折會於四至六個星期後自然癒合。

護理嬰兒時家長應留意下列各點：

- ◆ 避免讓嬰兒側臥於骨折的一邊
- ◆ 避免拉高骨折的手臂或胳膊，並避免支叉腋下
- ◆ 替嬰兒穿衣服時，應先穿著有骨折手臂的衣袖
- ◆ 替嬰兒沐浴時，應扶持沒有骨折的手臂
- ◆ 擁抱嬰兒或餵食時，應將沒有骨折的一邊靠近懷裡，骨折的手臂應擺向外

如有任何查詢，請聯絡你的主診醫生

以上資料由瑪麗醫兒童及青少年科提供。