

## 兒童身心全面發展服務

### 服務簡介

幼兒良好的身心成長是有賴孕婦的健康身心及溫暖的家庭環境。有見及此，香港政府於2005年撥款逐步推行「兒童身心全面發展計劃」。此計劃是以社區為本的綜合兒童及家庭服務，透過衛生醫療界及教育界的整合服務，及早識別和提供全面支援服務給有需要的家庭，亦希望能幫助孕婦預防產後抑鬱，以達致幼兒健康及正面的身心發展。

### 支援隊伍

我們的團隊由婦產科醫生、助產士、兒科醫生、精神科醫生及護士、政府及非政府組織的社工組成。希望在懷孕期間能及早識別有需要的孕婦，並透過跨部門的合作，令她們得到適合支援。各位如對此服務有任何疑問或意見，歡迎向醫護人員查詢。

### 服務形式

當孕婦到贊育醫院、瑪麗醫院或母嬰健康院作第一次產前檢查時，助產士會跟據孕婦所提供的資料作初步評估。若被評定為此項服務的對象時，專責助產士會作進一步詳細

評估，然後提供適當的輔導或轉介；亦會安排往後電話跟進或門診面見服務。

生產後，專責助產士會到產後房作探訪，出院時，個案會轉交母嬰健康院，專責兒科醫生會在母嬰健康院跟進新生嬰兒的身心發展，育嬰技巧及母嬰關係，以達至兒童身心健康全面發展。

出院後的電話跟進慰問亦是本服務的另一特色，除專責助產士會提供電話慰問服務外，本服務誠蒙香港基督教女青年會與本院合作，若產婦願意，助產士可安排為有需要的產婦提供電話跟進關懷服務，或產婦自行使用此項熱線服務。希望有助減輕產後情緒困擾和及早發現產後抑鬱等情況。

聯絡熱線：2255 3419

(電話留言服務，會盡快在一至兩個工作天內回覆)

香港基督教女青年會〈YWCA〉

熱線輔導：2711 6622

婦女專線

〈星期一至五 下午2時 – 下午4時〉

輔導專線


〈星期一至五 晚上7時 – 晚上10時〉

以上資料由瑪麗醫院婦產科提供



瑪麗醫院  
Queen Mary Hospital

## 兒童身心全面發展服務 COMPREHENSIVE CHILD DEVELOPMENT SERVICE (CCDS)

 瑪麗醫院 Queen Mary Hospital	Pamphlet Topic & Department Code
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## **COMPREHENSIVE CHILD DEVELOPMENT SERVICE (CCDS)**

### **Introduction**

Apart from genetics, environmental factors also determines a child's physical and psychosocial development from infancy to adulthood. Comprehensive Child Development Service (CCDS) was gradually implemented since 2005 after the Policy Address. The program aimed at timely identification and early intervention of children and families in need in order to achieve better health outcomes for children and their families. The service adopts an integrated community-based model which involves collaborative services by Department of Health, Hospital Authority, Social Welfare Department, Education Bureau and non-government organizations (NGOs).

### **Team**

Our team includes Obstetricians and midwives, Paediatricians, Psychiatrists and psychiatric nurses of HA hospitals, Government Departments and NGOs. You can contact healthcare professionals if you have any enquires about this services.

### **Services workflow**

All pregnant women who have first antenatal checkup in Tsan Yuk Hospital or Queen Mary Hospital or Maternal and Child Health Center (MCHC) will be assessed for the needs of CCDS service. CCDS midwives will further assess and refer the pregnant women to appropriate services if needed. Also, clients will be arranged to have CCDS phone or face to face follow up during the pregnant period. CCDS midwife will visit in postnatal period for assessment and provide appropriate referrals. Paediatricians will follow up babies and mothers in MCHC for development assessment so as to achieve better health outcomes of the children. Postnatal phone follow up is

one of the essential supports of this service after delivery by CCDS midwives or YWCA hotline counsellors on women's preference. It can provide psychological support and identify emotional problem earlier so as to prevent postnatal depression.

CCDS Hotline: 2255 3419  
(VOICE MAIL, will reply within 1-2 working days)

YWCA Counselling Support  
Hotline: 2711 6622

Women Hotline  
(Monday to Friday 2:00pm – 4:00pm)  
Counseling Hotline  
(Monday to Friday 7:00pm – 10:00pm)