



瑪麗醫院
Queen Mary Hospital

瑪麗醫院 產科部
Queen Mary Hospital
Obstetric Unit

產後護理及
POSTNATAL 嬰兒護理
CARE & BABY CARE

婦產科護理中心地址、電話及服務時間

地址：瑪麗醫院S座5樓12號房

電話：2255-5524

辦公時間：星期一：09:00 - 17:00

星期二至五：14:00 - 17:00

星期六、日及公眾假期：休息

Address, telephone number and opening hours of Postnatal Midwife Clinic

Address: Room 12, 5th floor, S Block, **Queen Mary Hospital**


Telephone number : 2255-5524

Opening hours : Monday : 09:00 - 17:00

Tuesday to Friday : 14:00 - 17:00

Saturday, **Sunday** and public holiday : Closed



 瑪麗醫院 Queen Mary Hospital	Pamphlet Topic & Department Code
Ownership	QMH/Obstetrics & Gynaecology-26
Last review/revision	Aug/2023
Approval	HKWC Information Pamphlet Working Group
Distribution	As requested

- OTHERS:
- 其他
- POSTNATAL INFORMATION
- 產後護理
- MATERNITY LEAVE CERTIFICATE
- 產假證明書
- DISCHARGE SLIP
- 產婦記錄
- FOLLOW-UP APPOINTMENT
- 覆診紙



- OTHERS:
- 其他
- BABY CARE
- 嬰兒護理
- BIRTH REGISTRY INFORMATION
- 辦理出生登記資料
- IMMUNIZATION CARD
- 防疫注射記錄卡
- DISCHARGE RECORD
- 嬰兒記錄
- FOLLOW-UP APPOINTMENT
- 覆診紙



瑪麗醫院產科服務中心

主旨

為產婦及嬰兒提供產後延續十天的護理服務。

服務範圍

- ◆ 拆線
- ◆ 檢查子宮收縮及觀察傷口癒合情況
- ◆ 評估產後情緒
- ◆ 乳房護理
- ◆ 個人護理常識
- ◆ 育嬰常識，例如沐浴，母乳哺餵及臍帶護理
- ◆ 個別嬰兒沐浴指導
- ◆ 嬰兒檢查，例如初生嬰兒黃疸、磅重，如有需要會由兒科醫生替嬰兒作身體檢查
- ◆ 播放護理影片

產婦或嬰兒如需要覆診，請於指定日期返回本院婦產科護理中心。若天文台懸掛八號風球或發出黑色暴雨警告訊號，覆診服務將會順延至下一工作日，時間地點照舊。如有急切需要，請立刻往急症室求診。如產後十天內自覺有需要時，亦可致電婦產科護理中心，安排時間約見醫護人員。

初生嬰兒覆診時，請自備嬰兒奶粉、奶瓶及冷熱開水。此外，為提倡母乳哺嬰，本院提供足夠地方餵哺母乳。

QUEEN MARY HOSPITAL OBSTETRIC SERVICE CENTER

Objective

The Center is established for the provision of continuous care to the discharged mothers and babies within the first 10 days of delivery.

The service includes

- ◆ Removal of stitches
- ◆ Postnatal assessment
- ◆ Emotional assessment
- ◆ Breast care
- ◆ Personal hygiene
- ◆ Baby care education
- ◆ Neonatal assessment, such as neonatal jaundice, body weight and pediatrician consultation if necessary
- ◆ Video show on postnatal care and baby care

Follow up appointment at Day Center for both mother and baby will be arranged on discharge if necessary. However, this appointment will be postponed to the next working day at same time and place whenever typhoon number 8 or black rainstorm signal is hoisted. In emergency situation such as excessive bleeding, you need to go to the Accident and Emergency Department for urgent consultation. Patient discharged from the hospital can call the Queen Mary Hospital S5 Obstetric Center for appointment booking within 10 days of post delivery period if required.

Please bring along the following items for neonatal assessment:

- Nappies
 - Materials for bottle feeding such as milk powder bottle with hot and cold water.
- As our hospital is advocating breast feeding, we do provide facilities and places for mothers to breastfeed their babies during the visit.