

肌肉活組織檢查

簡介

肌肉活組織檢查對診斷神經肌肉病變有很大的幫助。例如多發性肌炎、先天性和退化性肌肉病。

準備工作

- ◆ 檢查前一晚或早上需要沐浴
- ◆ 需簽署手術同意書

過程

需施行局部麻醉，醫生用無菌活檢針在病變肌肉處取出小部份的樣本送往化驗，然後用壓力敷料緊壓傷口。有些時候需要用線縫合傷口，樣本會送往化驗。

護理和建議

- ◆ 請保持傷口乾爽
- ◆ 乘高傷口部門12至24小時

- ◆ 如傷口有縫線，可於十至十四天後請往就近醫管局門診或私家醫生診所拆線

併發症

- ◆ 副作用通常很輕微。
- ◆ 傷口如有滲血，可加敷料止壓十至十五分鐘。如傷口流血不止，請即回瑪麗醫院急症室求診
- ◆ 傷口發炎的情況較為少見，通常可3用抗炎藥控制
- ◆ 如傷口有輕微痛楚，可服用止痛藥緩解


如有任何查詢，請聯絡你的主診醫生

以上資料由瑪麗醫院內科部提供。



瑪麗醫院
Queen Mary Hospital

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MUSCLE BIOPSY

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MUSCLE BIOPSY

Introduction

Muscle biopsy is a procedure to obtain muscle tissue for analysis. The information can help to investigate neuromuscular disorders.

Preparation

- ◆ Bath should be taken the night or on the morning of the procedure
- ◆ A written consent is required

Procedure

Local anaesthesia is injected into the skin over the targeted muscle after the skin is cleansed by antiseptic lotion. Then the biopsy needle is pierced through the skin and several specimens of the targeted muscle will be collected. Direct pressure is then applied onto the site, and the wound is then sealed with pressure dressing. If

necessary, suturing will be used.

Care & Advice

- ◆ Keep the dressing dry for 24 hours
- ◆ Rest or elevate the puncture site for 12-24 hours
- ◆ Attend the Outpatient Clinics for removal of stitches after 10-14 days if necessary

Complications

- ◆ If blood oozes out from the wound, apply direct pressure for 10-15 minutes. If bleeding continues, return to Queen Mary Hospital Accident & Emergency Department
- ◆ Infection may be a rare complication but usually controllable with anti-infective agents

- ◆ Pain is expected but usually not severe. Take painkillers as advised by your doctor

Should you have any queries, please consult your doctor-in-charge

Information provided by Department of Medicine, Queen Mary Hospital.