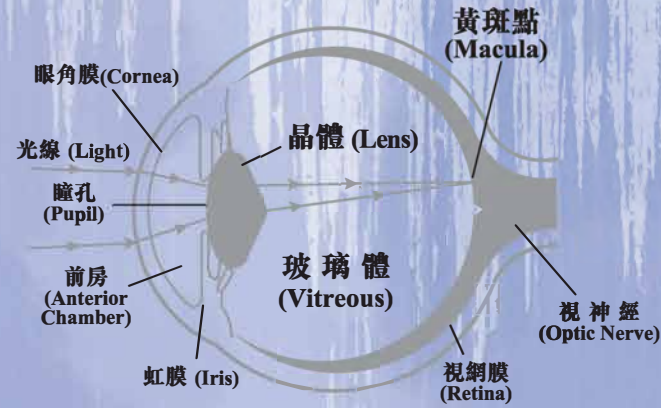


to indicate which eye should receive medication. **Do not put medication into the wrong eye**

- Some medications have to be kept refrigerated
- For Eye drops, one drop is enough. For eye ointment, apply a quantity about the size of one rice bead. **Do not apply excessive quantity**
- Do not use any medication beyond expiry date or that has changed color
- Discard any eye medication if it has been opened for one month
- For patients under regular steroid or glaucoma treatment, please contact your Eye Clinic for the refill should your medications run out before your follow-up date

Should you have any queries, please consult your doctor during follow-up

Information provided by Department of Ophthalmology, Grantham Hospital



眼球縱切面圖

港島西聯網眼科服務簡介

港島西眼科專業人員，包括眼科醫生、護士、視光師及視覺矯正師等等，為市民提供全面的眼科服務。此外，我們亦負責策劃和推行區內眼科服務的長遠發展。並培訓眼科醫護專職人員，提升市民的健康質素。




醫院管理局
HOSPITAL
AUTHORITY




用眼藥的守則

DRUG COMPLIANCE

 葛量洪醫院
Grantham Hospital
☎ 2518 2111

 瑪麗醫院
Queen Mary Hospital
☎ 2255 3111

 葛量洪醫院 Grantham Hospital	Pamphlet Topic & Department Code
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用眼藥的守則

各類眼藥是由不同藥物組成，以醫治不同類型的眼疾。部份眼藥含有類固醇，有可能令眼內壓力升高，引致青光眼。只要遵照醫護人員的指示，按時用藥，有助手術成功及早日康復。

不要誤用眼藥

市面上出售的眼藥，皆有不同的醫療用途。然而未經醫生處方，切勿自行購買及使用。以免藥物的副作用導致其他併發症。

注意點

- 每日要按時用藥，開瓶蓋前先搖勻葯水
- 確定所用使用藥物的方法、時間、劑量及次數。請留意藥瓶上的標籤

指示，將藥物滴或塗在有疾患的眼，切勿弄錯

- 部份藥物需存在陰涼的地方或雪櫃內
- 眼藥水每次一滴，而眼藥膏的份量約一粒米大小已足夠
- 請不要用變色或過期的藥物
- 凡眼藥開啟一個月後不要再用
- 長期使用青光眼藥或類固醇藥物患者，如覆診日期前藥物已用完，請往所屬的眼科門診取藥，切勿自行停藥

如有其他疑問，可於覆診時向醫生查詢以上資料由葛量洪醫院眼科部門提供

DRUG COMPLIANCE

Eyedrops are made up of different ingredients. They are prescribed by eye doctors to treat different eye diseases. Some of these eyedrops contain steroid, prolonged use of which may lead to increased intraocular pressure, causing glaucoma. Eye patients who have eye diseases or have undergone eye operations, are required to use eye drop regularly. They should follow instructions of the eye specialist for rapid recovery after successful operation.

Don't misuse Eyedrops

Various blends of eyedrops are available on the market for different purposes. Side effects or complications may occur when used without the eye specialist's instructions.

Precautions

- Take the medications regularly according to the instructions of the eye specialist. Shake the bottle before opening
- Make sure to follow the prescribed time, quantity and frequency of use. There are color labels on the eye drops/eye ointment