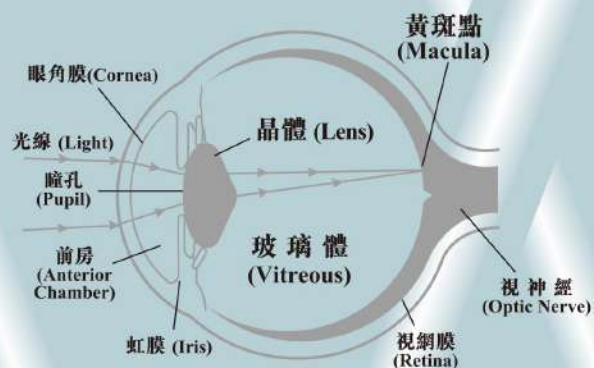


## Important notes

Floaters can be associated with serious underlying diseases, e.g., retinal breaks, retinal detachment, vitreous hemorrhage or uveitis. If you experience the following symptoms, consult an eye specialist or attend to a nearby Accident & Emergency department as soon as possible.

- Seeing large amount of floaters
- Seeing flashes
- Sudden deterioration of vision
- Sudden loss of parts of the visual field

Should you have any queries, please consult your doctor during follow-up  
Information provided by Department of Ophthalmology, Grantham Hospital



眼球縱切面圖

### 港島西聯網眼科服務簡介

港島西眼科專業人員，包括眼科醫生、護士、視光師及視覺矯正師等等，為市民提供全面的眼科服務。此外，我們亦負責策劃和推行區內眼科服務的長遠發展，並培訓眼科醫護專職人員，提升市民的健康質素。



醫院管理局  
HOSPITAL  
AUTHORITY




飛蚊症

FLOATERS



葛量洪醫院  
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 葛量洪醫院 Grantham Hospital	Pamphlet Topic & Department Code
Ownership	HKWC/Ophthalmology-20
Last review/revision	Aug 2024
Approval	HKWC Information Pamphlet Working Group
Distribution	As requested

## 飛蚊症

### 甚麼是「飛蚊症」

看東西時感覺有不同形狀或大小的黑點或暗影在眼前飄動，在光線充足的背景上尤其顯著，「飛蚊」是由於眼球的玻璃體變混濁或有飄浮物引致。

### 「飛蚊症」的成因

「飛蚊症」只是一種症狀，有多種潛在性的成因，可發生於不同年紀，甚至持續多年而無任何變化。通常並不會影響視力。

### 治療需要嗎？

並無特別有效的方法可除去症狀，且大多數會繼續存在。應由眼科醫生檢查玻璃狀體及視網膜，若有視網膜裂孔、退化及脫離等現象，需進行針對性治療，然而大多數病人的玻璃狀體及視網膜沒有明顯的病理改變。

### 注意事項

「飛蚊症」可能是嚴重眼睛疾病的先兆，例如視網膜退化、視網膜裂孔、視網膜脫離、玻璃體出血或虹膜炎等疾病。

如有下列症狀，辦公時間請立刻往眼科診所診治，而非辦公時間可到就近急症室求診

- 感覺或看見大量「飛蚊」
- 感覺或看見有常持續性的閃光現象
- 視力突然減退
- 部份視野突然模糊或減退，像有黑幕從視野周邊範圍擴散向視野中心

如有其他疑問，可於覆診時向醫生查詢  
以上資料由葛量洪醫院眼科部門提供

## FLOATERS

### What are Floaters?

The complaint is seeing moving objects in the visual field. They can be of any shape and size, usually as dark shadows in the field of vision. This is due to opacities in the vitreous cavity.

### What are causes of Floaters?

Floaters have many possible underlying causes. It can occur in patients of any age and can remain unchanged for years. In patients, it is usually harmless.

### Is treatment required?

Floaters with no underlying ocular pathology does not require treatment. The eye doctor will examine the vitreous and retina of the eye for any associated ocular pathology. Specific treatment for floaters is required if there are retinal breaks associated with degenerated or detached retina or other associated ocular pathology.