

精神科 服務簡介

引言

瑪麗醫院精神科團隊成員主要為醫院管理局職員及香港大學精神科教職員。服務範圍包括港島中區、西區、南區和其他離島地區。

瑪麗醫院J座2樓至7樓為病人提供住院服務；而戴麟趾康復中心南翼2樓至4樓，北翼1樓及贊育醫院4樓則提供其他門診服務。

瑪麗醫院精神科臨床服務以「醫療團隊」病患管理模式 (multidisciplinary approach)，分為六個臨床服務專門團隊，團隊主要提供住院、門診、日間病人和外展服務。

六個臨床服務:

◆ 成人精神科團隊

成人精神科服務對象年齡為18歲以上。團隊提供門診和住院服務。需要住院的病人會安排在瑪麗醫院J7男精神科病房和J6女精神科病房接受治療。門診服務位於戴麟趾康復中心南翼3樓。

◆ 社區精神科團隊

社區精神科服務對象為正接受康復治療的人士。團隊提供住院、門診、日間及外展服務。需要住院的病人會安排在瑪麗醫院J7男精神科病房和J6女精神科病房接受治療。外展服務辦事處位於戴麟趾康復中心南翼4樓。

◆ 「思覺失調」服務計劃團隊

此計劃團隊為15歲至64歲初次發病的人士提供門診、住院和外展服務。門診服務位於瑪麗醫院J座2樓。而需要住院的病人會安排在瑪麗醫院J7男精神科病房和J6女精神科病房接受治療。

○ 成人日間中心

成人日間病人服務及以會所形式的日間中心為「卓越之友」(Phoenix Clubhouse)，其服務位於戴麟趾康復中心北翼1樓。

◆ 老人精神科團隊

老人精神科服務對象為年齡65歲或以上的長者。團隊提供住院、門診及日間服務。老人精神科亦為服務範圍內的老人院和「預防老人自殺計劃」的長者提供外展服務。需要住院的病人會安排在瑪麗醫院J座7樓接受治療。其門診服務位於戴麟趾康復中心南翼3樓。老人日間中心則位於同座2樓。

◆ 兒童及青少年精神科團隊

兒童及青少年精神科服務對象為年齡不超過18歲的青少年。團隊提供住院、門診及日間服務。需要住院的病人會安排在瑪麗醫院J座4樓病房。門診和日間病人服務設於瑪麗醫院J座5樓及贊育醫院西翼4樓。

◆ 精神科諮詢會診團隊

團隊為瑪麗醫院急症室及港島西聯網住院及門診病人提供精神科諮詢會診服務。

其他服務:

○ 睡眠疾病診所

其服務為有睡眠問題的病人提供相關的檢查及診斷。


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瑪麗醫院
Queen Mary Hospital

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DEPARTMENT OF PSYCHIATRY OVERVIEW OF SERVICE

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DEPARTMENT OF PSYCHIATRY OVERVIEW OF SERVICE

Introduction

With the co-operation of The University of Hong Kong, the Department of Psychiatry, Queen Mary Hospital (QMH) serves the population of Central, Western and Southern Districts of Hong Kong Island, and other outlying islands. Most of the inpatient services are provided at QMH Block J 2/F to 7/F, while outpatient services are provided at David Trench Rehabilitation Centre (DTRC) 2/F to 4/F of South Wing & 1/F of North Wing as well as Tsan Yuk Hospital 4/F.

Its clinical service has been organized into six sub-specialty teams to provide comprehensive services ranging from inpatient, outpatient, day patient, outreach to liaison service for its specific clientele. All clinical teams employ a multi-disciplinary approach for patient management.

The Six sub-specialty teams are:

◆ The General Psychiatry Team

The team provides service to patients over 18 years old. It provides inpatient & outpatient services. The outpatient service is provided at 3/F, South Wing of DTRC, while inpatient admission would be arranged to J6 QMH for female and J7 QMH for male.

◆ The Community Psychiatry Team

The team provides service to patient who are receiving structured rehabilitation service. It also provides inpatient, outpatient, day patient as well as outreach and liaison services at NGO. Its office is located at 4/F of South Wing DTRC.

◆ Early Psychosis Team

The team provides service to patients from age 15 to 64, who are registered under the Early Assessment service for Young People with Psychosis (EASY). It provides outpatient & inpatient services. The outpatient service is provided at 2/F of Block J QMH, while inpatient admission would be arranged to J6 QMH for female and J7 QMH for male.

○ Adult Day Hospital

Phoenix Clubhouse and Adult Day Patient service is provided at 1F, North Wing of DTRC.

◆ The Psychogeriatric Team

The team provides service to patients aged 65 years or above. It provides inpatient, outpatient, day patient, outreach services as well as the Elderly Suicide Prevention Programme (ESPP). The inpatient admission would be arranged to J7 at QMH. The outpatient service is provided at 3/F, South Wing of DTRC and day hospital service is provided at 2/F South Wing of DTRC.

◆ The Child and adolescent Psychiatry Team

The Child and adolescent Psychiatry Team provides service to patients aged below 18 years old. The team provides inpatient, outpatient and day patient services. The inpatient admission would be arranged to J4 at QMH. Outpatient services & day patient service are provided at J5 QMH and 4/F, West Wing of Tsan Yuk Hospital as well.

◆ Psychiatric Consultation Liaison Team

It provides service to patients in AED & general wards of the hospitals within Hong Kong West Cluster.

Other service

○ Sleep Disorder clinic

It provides consultation and investigation to patients with clinical indication such as sleep problem.

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