

## 成人深切治療部 家屬及訪客指南

### 病房簡介

瑪麗醫院成人深切治療部成立於1970年，現設有20張病床在C2及E2病房。病房內設有各類急救、監察及輔助儀器。

成人深切治療部是專科病房，為危重病人提供綜合性治療及護理。跨專業醫療小組成員包括醫生、護士、病人運作助理、物理治療師、營養師、藥劑師、放射治療師及言語治療師等，為病患者制定最適切的治療方案。

若病人情況穩定下來，不需要深切治療時，便會被轉往加護病房或普通病房繼續接受治療。屆時護士會致電通知家屬。

### 訪客須知

- ◆ 家屬/訪客可於每日下午十二至一時及下午五時三十分至八時三十分進行探訪。
- ◆ 訪客室位置：C2與E2病房之間。為保持房間清潔，請勿在此進食。
- ◆ 每次只限二人探訪，如病人情況惡化，護士會作特別安排。
- ◆ 探訪時請避免觸及醫療儀器。
- ◆ 請避免十二歲以下小童陪同探病。

- ◆ 探病前後請先潔手，並因應病人情況作出適當的感染措施，例如依護士指示穿著保護衣。
- ◆ 醫生巡房，病人需接受急救或醫護程序時，請暫時在訪客室等候。
- ◆ 請為病人準備日常個人護理用品，包括盒裝紙巾、洗髮液、潤膚液及成人紙尿片(病人可選擇自備)。家屬也可留下手提電話給病人使用，但請勿將貴重物品，如金錢或手錶等留給病人。
- ◆ 家屬可在精神上支持病人，如留下慰問卡。
- ◆ 請勿攜帶植物或花卉進入病房，避免傳播細菌。
- ◆ 如欲了解病情，請聯絡護士以安排約見醫生。為保障病人私隱，恕病房不接受電話查詢。

### 支援服務

#### ◆ 詢問處

位置：正院地下大堂

#### ◆ 餐廳

位置：K座一樓

服務時間：每日早上七時至晚上九時

#### ◆ 洗手間

位置：正院地下，二樓及五樓及K座一樓

#### ◆ 便利店

位置：K座地下

服務時間：二十四小時

#### ◆ 會計部

位置：S座一樓

辦公時間：星期一至五：上午八時半至下午五時

星期六：上午八時半至下午一時

星期日及公眾假期：上午九時至下午一時

#### ◆ 心靈關顧服務

瑪麗醫院佛教院部、天主教牧靈部及基督院牧部。護士可代通知駐院神父、牧師或僧仕

佛 教：5445 2217/5445 6818

天主教：2255 3770/8280 1714

基督教：2255 3767/6021 7271

#### ◆ 社會福利及心靈輔導服務

請聯絡病房護士代為安排

#### ◆ 病人聯絡組


若家屬對本院有任何意見或建議，請致電病人聯絡主任或約見

電話：2255 4956

以上資料由瑪麗醫院深切治療部提供。

[https://www8.ha.org.hk/QMH/services/clinical\\_department/department/aicu/aicu.aspx](https://www8.ha.org.hk/QMH/services/clinical_department/department/aicu/aicu.aspx)



 瑪麗醫院 Queen Mary Hospital	Pamphlet Topic & Department Code
Ownership	QMH/AICU-6
Last review/revision	Jul/2024
Approval	HKWC Information Pamphlet Working Group
Distribution	As requested



瑪麗醫院  
Queen Mary Hospital

## 成人深切治療部 家屬及訪客指南 Adult Intensive Care Unit Visitor Information Guide



Visitor room

## Adult Intensive Care Unit Visitor Information Guide

### Introduction

Queen Mary Hospital's Adult Intensive Care Unit was established in 1970 and is equipped with 20 beds located in wards C2 and E2. The units are equipped with various resuscitative, monitoring and life-supporting equipment.

The Adult Intensive Care Unit is a specialty ward in which patients are managed by a multidisciplinary team. This team is comprised of Doctors, Nurses, Patient Care Assistants, Physiotherapists, Dietitians, Speech Therapists, Pharmacists, and Radiotherapists, and they provide comprehensive treatment to the patients.

When a patient's condition is stabilized, and intensive care is no further required, he/she will be transferred to the High Dependency Unit or the General ward for further patient care. Relatives will be notified before the transfer.

### Information on visiting

- ◆ Visiting hours: 12 p.m. to 1 p.m. and 5:30 p.m. to 8:30 p.m. The visitor's room is situated between C2 & E2 ward. To maintain a clean environment, please do not eat in the room.
- ◆ Each patient is allowed to have two visitors during each visit. Under special circumstances, special consideration can be granted.

- ◆ Children under the age of 12 are not permitted into the ward.
- ◆ Please perform hand hygiene before and after visiting the patient. According to the patient's condition, relatives may be guided by nurses to take appropriate infection control measures such as wearing personal protective gown.
- ◆ During visitation, please do not tamper with any of the equipment
- ◆ During doctor's rounds, resuscitation or nursing and medical procedures, visitors will be required to wait in the visitor's room.
- ◆ Please provide the patient with daily necessities such as tissue paper, shampoo, skin lotion, and diapers, if necessary. Relative can provide a mobile phone for the patient to use but valuables such as watch, jewelry and money should not be left with the patient.
- ◆ For emotional support, relatives may give sympathy card for the patient. However, please avoid bringing plants and flowers for the patient to cause a risk of infection.
- ◆ If you wish to meet with the doctor in-charge to enquire about the patient's condition and progress, please contact the nurse in-charge to make arrangements. To protect patient confidentiality, patient's condition will not be disclosed via telephone enquiry.

### Supporting services

#### ◆ Hospital Enquiry

It is located on the G/F of the Main Block.

#### ◆ Cafeteria

A self-service cafeteria is located on 1/F, Block K.

Opening hours: 7 a.m. to 9 p.m.

#### ◆ Convenience Shop

It is located on G/F, Block K. Visitors can buy the daily necessities for patients from there. It is open 24 hours.

#### ◆ Washrooms

Public washrooms are located on G/F, 2/F and 5/F of the Main Block and 1/F, Block K.

#### ◆ Accounts Office

It is located at 1/F, Block S.

Opening hours: Mon ~ Fri: 8:30 a.m. to 7:00 p.m.

Sat: 8:30 a.m. to 1:00 p.m.

Sun/PH: 9:00 a.m. to 1:00 p.m.

#### ◆ Spiritual Care Service

Queen Mary Hospital provides Christian Chaplain services, Catholic Pastoral Care and Buddhist Chaplain Services. You can ask the nurse to arrange for their visit or contact them directly.

Buddhism : 5445 2217 / 5445 6818

Catholicism: 2255 3770 / 8280 1714

Christianity: 2255 3767 / 6021 7271

#### ◆ Social Welfare & Psychological Counselling

Please contact the nursing staff to arrange consultation with Medical Social Worker or Clinical Psychologist if necessary.

#### ◆ Public Relations Office

If you have any enquiries or comments related to Queen Mary Hospital, please contact our Public Relations Officer at 2255 4956.

Information provided by Adult Intensive Care Unit, Queen Mary Hospital

[https://www8.ha.org.hk/QMH/services/clinical\\_department/department/aicu/aicu.aspx](https://www8.ha.org.hk/QMH/services/clinical_department/department/aicu/aicu.aspx)



Hospital bed

*Best Wishes*