Masterclasses

M8.3

The Role of Family Medicine in Chronic Disease Management

09:00 Convention Hall A

The Role of Family Medicine in Chronic Disease Management: What Can We Learn from Research Evidence Wong SYS

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Hong Kong, like other economically developed regions, is experiencing population ageing. It is becoming common for people to have multiple chronic conditions with complex health needs. Therefore, there is an increasing role for family doctors to take the lead in looking after older adults with complex bio-psycho-social needs.

In this presentation, the epidemiology of multimorbidity and prevalent chronic conditions in Hong Kong from large population surveys will be presented.

The current health service utilisation and service gaps in health services for older people and among people with chronic conditions will be identified and compared with those of other developed countries using both quantitative and qualitative data. The current and potential future role of family doctors and healthcare models that integrate both social and medical care in addressing the identified health service gaps for older adults and people with chronic conditions will be discussed.