

M6.2

**Enhancing Medical-social Collaboration for Elderly Patients**

16:15 Convention Hall C

**Orthogeriatrics Collaboration at Tai Po and New Territories East Cluster***Lee J**Department of Medicine, Alice Ho Miu Ling Nethersole Hospital, Hong Kong*

Collaboration between orthopaedics surgeons and geriatricians is a corporate initiative to face an ageing population. The vast majority of hip fracture patients are over the age of 75. Many of these suffer other co-morbidities, which required early medical management to facilitate timely operation. During the post-operative and rehabilitative periods, common geriatric syndromes such as delirium, retention of urine, unrecognised pain, and poor social support will all hinder recovery and their ability to return to the community. With these in mind, the orthogeriatric collaboration programme was started in October 2017 in Alice Ho Miu Ling Nethersole Hospital (AHNH) and Tai Po Hospital (TPH) in Tai Po.

At the same time, Food and Health Bureau has also recognised the need of these patients and has started funding a Medical Social Collaboration. This programme links multiple non-governmental organisations to support via a designated social worker under the Social Welfare Department to provide post-discharge community/social care support, so that those with poor social or family support can avoid institutionalisation. Another component of this programme is for the geriatrics outreach team to provide professional case manager service similar to the Integrated Care Model, for home-based rehabilitation in suitable patients.

Encompassing these two programmes, the geriatrics, orthopaedics, and community outreach service teams at TPH and AHNH has been working together on a daily basis since October 2017. We would like to share our experience, discuss the challenges we have resolved, and those we are still facing.