

End of Life Program Can Benefit Dying Older Patients In A Geriatric Step-down Hospital

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Background

- TWGHs Fung Yiu King Hospital (FYKH) --- average age of 85 and mortality of 15%
- In 2012, the **End of Life Clinical Plan for Inpatients (EOL-CPi)** was developed. Results published in *Asian J Geront Geriatr* 2017;11:42-46.
- In 2015, established **EOL ward** (Ward 4A) with 8 beds (4 males, 4 females).

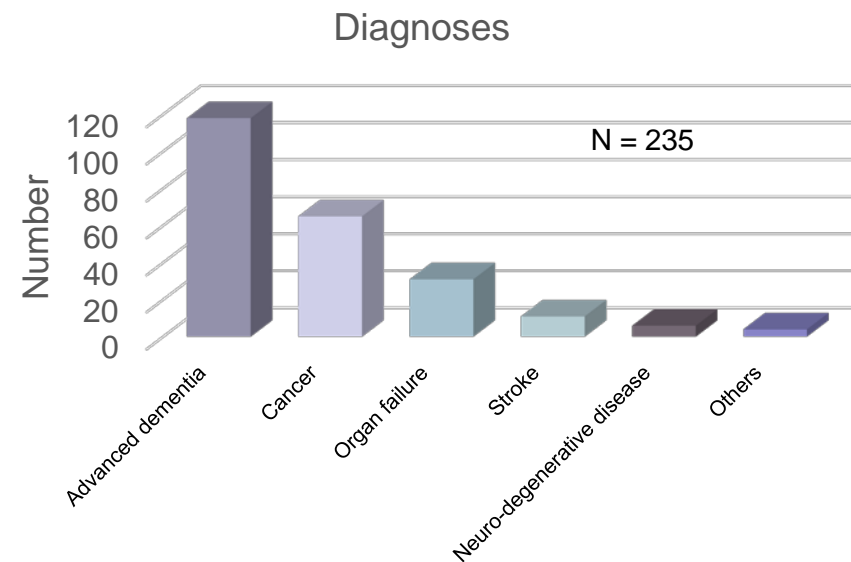


Objectives and methods

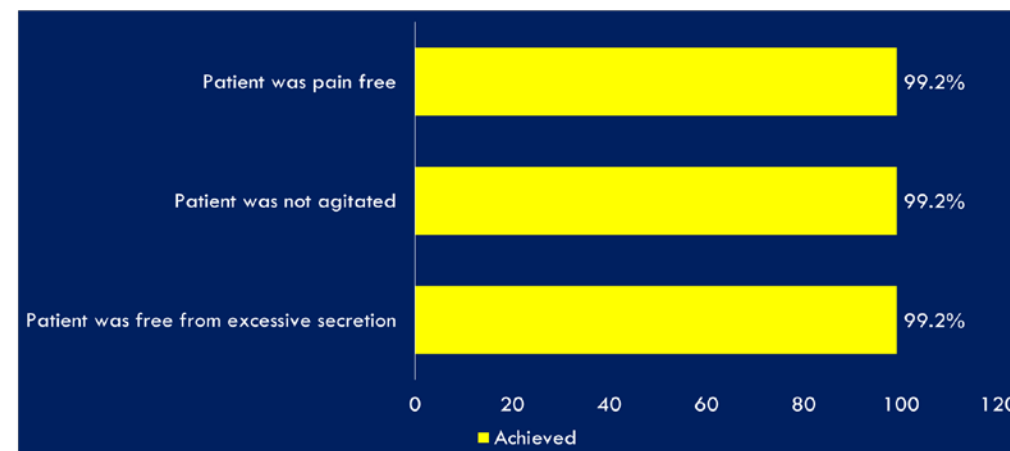
- The evaluate the outcomes of EOL Program in enhancing dignified deaths
- Retrospective study
- All patients ≥ 65 in the EOL program who passed away in EOL ward with EOL CPi
- Period – between 24 August 2015 to 31 October 2017
- Family members were assessed using the Quality of Dying and Death Questionnaire (QODD)
- This study protocol was approved by the Institutional Review Board of the University of Hong Kong/Hospital Authority Hong Kong West Cluster (UW 18-149).

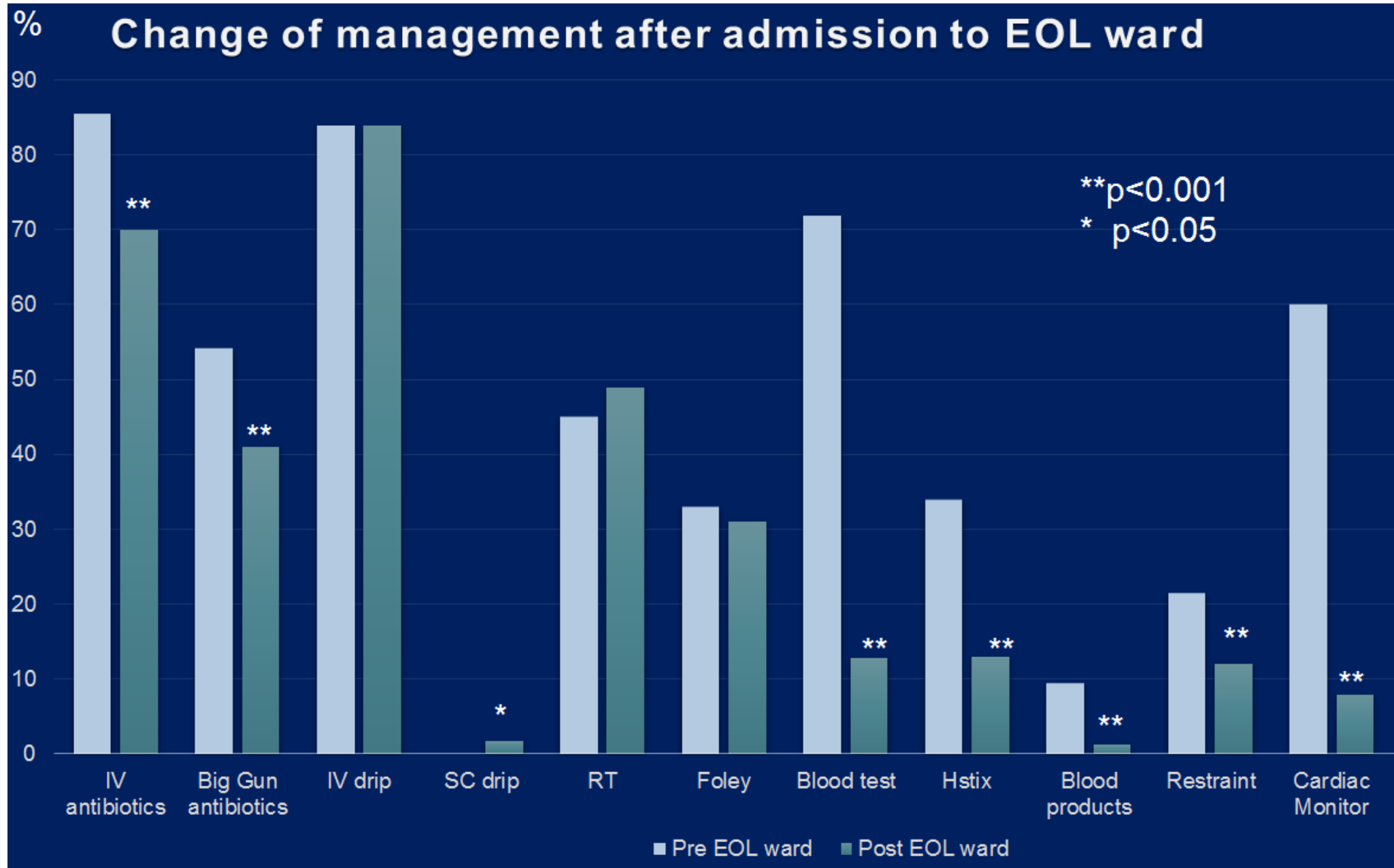
Use of services/facilities in EOL Ward

Services in EOL ward	Number (%)
DNA CPR	235(100)
EOL CPi	235(100)
Physiotherapy	209(89)
Occupational therapy	205(87.2)
Social Worker	203(86.4)
Carers	
Staying with patients after visiting hours	213(90.6)
Made use of the side room for rest	187(79.6)
Watched TV	180(76.6)
Family members able to stay with patients and say goodbye at the last moment	206(87.7)



Symptom control in the last 24 hours





Quality of Dying and Health Questionnaire (QODD)

11 How would you rate this aspect of X's dying experience?

**Terrible
Experience**

0

1

2

3

4

5

6

7

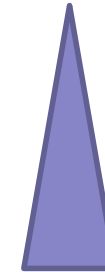
8

9

10

**Almost
Perfect**

DON'T
KNOW



8.5 ± 1.6

(N=133)