

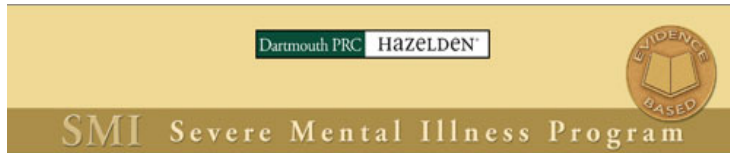
**Local Evidence of Implementing Recovery-oriented Program in Hong Kong :
Result of a Multi-center Randomized
Controlled Trial**

Raymond Wong, SOT

8 May 2018

HA Convention 2018 (F-P4.40)

A Need for Local Evidence



UPDATED AND EXPANDED

IMR

Illness Management and Recovery

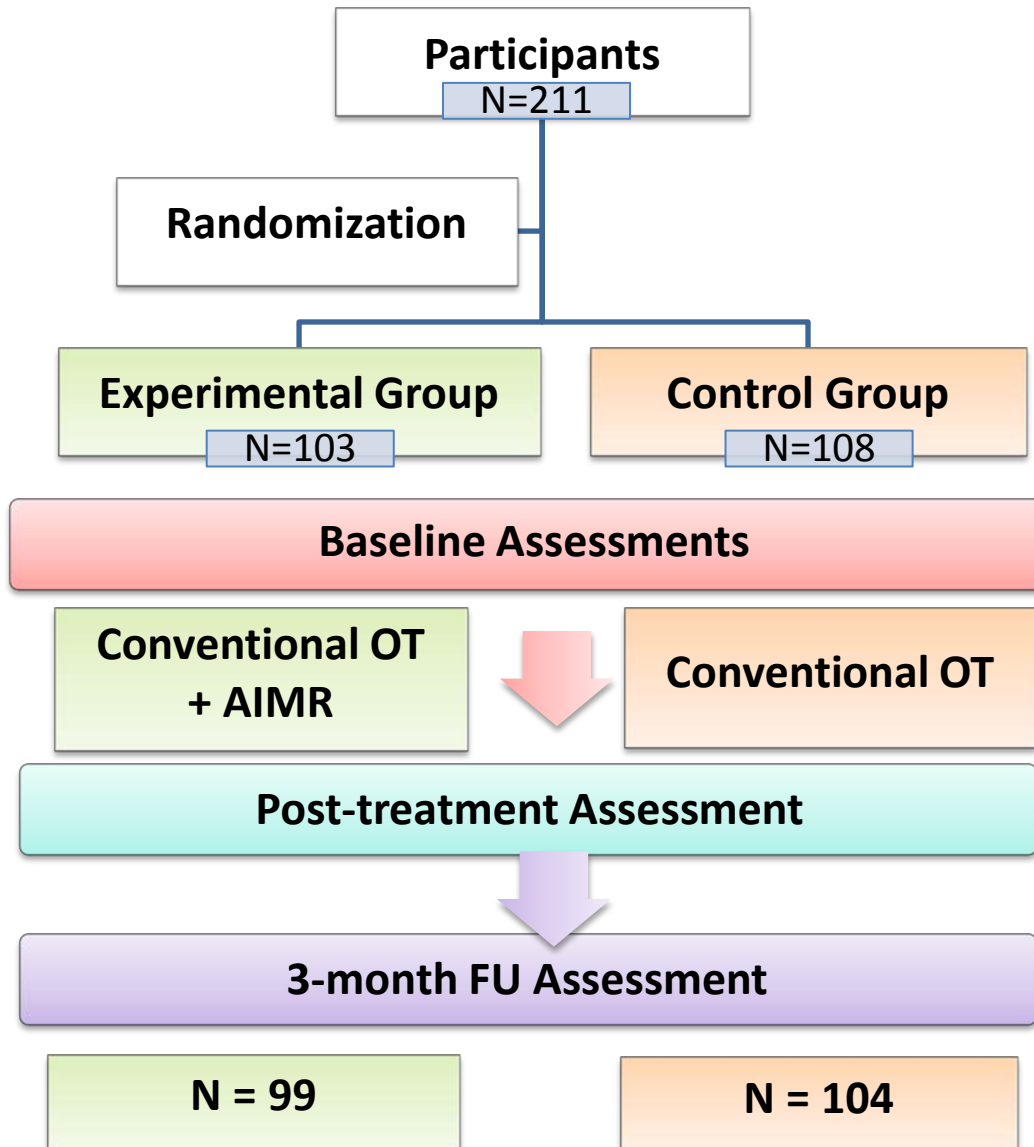
Personalized Skills and Strategies for Those with Mental Illness



Kim T. Mueser, Ph.D., and Susan Gingerich, M.S.W.
with staff from the Dartmouth Psychiatric Research Center



Study Design



Outcome Measures

1. Knowledge and progress gained from the illness management and recovery;
2. Hope level;
3. Social and occupational functioning;
4. Perception on quality of life; and
5. Subjective mental well-being.

Results

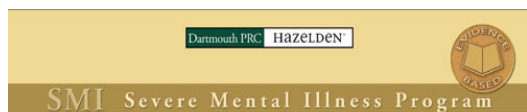
Experimental and control cohorts have comparable socio-demographic characteristics except years of education and duration of illness.

Outcome measure	F*	p-value	Interpretation
Client version of the Illness Management and Recovery Scale (IMRS)	4.82	0.03	Experimental group has better illness management
Social and Occupational Functioning Assessment Scale (SOFAS)	10.65	0.001	Experimental group has higher level of social and occupational functioning
Snyder Hope Scale (SHS) – pathway	5.02	0.03	Experimental group has higher hope (pathway)
Snyder Hope Scale (SHS) – total	5.52	0.02	Experimental group has higher hope (total)

(*Repeated measure ANCOVA using education and duration of illness as co-variates)

Conclusion

The results support the effectiveness of the AIMR program and provide evidence of implementing recovery-oriented program in Hong Kong.



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Hong Kong