# A Local Study on Anaphylactic Reactions Occurring during Anaesthesia in Hong Kong 

Dr Elaine Au

Division of Clinical Immunology, Department of Pathology, QMH

- Objective: To review and study the characteristics, presentations and workup results of cases referred to a local allergy clinic during 2012-2016
- Background:
- Diagnosis and workup for intraoperative anaphylaxis is known to be challenging
- Multiple drugs are usually given prior to the event.
- Identifying the culprit allergens does facilitate patient care and future anaesthesia planning
- There is scarcity in review and data on local intraoperative anaphylaxis in Hong Kong
- A retrospective review on the patient referrals and workup results referred to Queen Mary Hospital Drug allergy clinic during 2012-2016 was performed.
- Patients with suspected allergic event during perioperative period, including anaphylactic or anaphylactoid reactions in operating theatre or recovery room were included in the analysis

Summary of workup of intraoperative anaphylaxis cases in general anaesthesia

|  | All ( $\mathrm{n}=55$ ) | Anaphylaxis during induction ( $\mathrm{n}=35$ ) | Anaphylaxis during maintenance $(n=14)$ | Anaphylaxis during recovery ( $\mathrm{n}=6$ ) | $p$ value |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age (median, range) | 60 (19-88) | 60 (23-76) | 62 (19-88) | 57 (19-79) | 0.732 |
| Gender, male | 25 (45.5\%) | 14 (40\%) | 6 (42.9\%) | 5 (83.3\%) | 0.163 |
| Previous anesthesia | 24 (43.6\%) | 11 (31.4\%) | 8 (57.1\%) | 5 (83.3\%) | 0.030 |
| Clinical manifestation |  |  |  |  |  |
| Bronchospasm | 25 (45.5\%) | 19 (54.3\%) | 5 (35.1\%) | 1 (16.7\%) | 0.179 |
| Hypotension * | 48 (87.3\%) | 33 (94.3\%) | 13 (92.9\%) | 2 (33.3\%) | 0.002 |
| Skin rash or flushing | 26 (47.3\%) | 15 (42.9\%) | 6 (42.9\%) | 5 (83.3\%) | 0.200 |
| Tryptase elevation | 34/48 (70.8\%) | 21/32 (65.6\%) | 11/14 (78.6\%) | 2/2 (100\%) | 0.538 |
| Allergy workup |  |  |  |  |  |
| Allergen identified by Skin test | 39/51 (76.4\%) | 25/33 (75.8\%) | 9/12 (75\%) | 5/6 (83.3\%) | 1.000 |
| Allergen identified by SIgE | 8/49 (16.3\%) | 6/30 (20\%) | 1/13 (7.7\%) | 1/6 (16.7\%) | 0.748 |
| Allergen identified by BAT | 17/52 (32.7\%) | 8/33 (24.2\%) | 7/14 (50\%) | 2/5 (40\%) | 0.187 |
| Composite allergy diagnosis | 43/55 (78.2\%) | 26/35 (78.8\%) | 11/14 (78.6\%) | 6/6 (100\%) | 0.546 |
| Causative agents identified Neuromuscular blockers <br> Non-depolarizing agents <br> Depolarizing agents <br> Antibiotics (blactams) <br> Other medications <br> Midazolam <br> Esomeprazole <br> Ondansetron <br> Gelofusine <br> Other chemicals <br> Chlorhexidine <br> Latex <br> Patent blue dye | $\begin{aligned} & \mathrm{N}=52 ; 43 \text { cases } \\ & 20 \text { (38.4\%); } 15 \text { cases } \\ & 11 \\ & 9 \\ & 14 \text { (26.9\%) } \\ & 3 \text { (5.5\%) } \\ & 1 \text { (1.8\%) } \\ & 3 \text { (5.5\%) } \\ & 7 \text { (12.7\%) } \\ & 4 \text { (7.3\%) } \\ & 1 \\ & 1 \\ & 2 \end{aligned}$ | $\begin{aligned} & \mathrm{N}=33 ; 26 \text { cases } \\ & 18 \text { (54.5\%);13 cases } \\ & 9 \\ & 9 \\ & 10(30.3 \%) \\ & \\ & 3(8.6 \%) \\ & 1(2.9 \%) \\ & 0(0 \%) \\ & 0(0 \%) \\ & 1(2.9 \%) \\ & 0 \\ & 0 \\ & 1 \end{aligned}$ | $\begin{aligned} & \mathrm{N}=13 ; 11 \text { cases } \\ & 1 \text { (7.7\%); } 1 \text { case } \\ & 1 \\ & 0 \\ & 3 \text { (23\%) } \\ & 0(0 \%) \\ & 0(0 \%) \\ & 1(7.7 \%) \\ & 6(46.2 \%) \\ & 2(15.4 \%) \\ & 0 \\ & 1 \\ & 1 \end{aligned}$ | $\begin{aligned} & \hline \mathrm{N}=6 ; 6 \text { cases } \\ & 1 \text { (16.7\%); 1case } \\ & 1 \\ & 0 \\ & 1 \text { (16.7\%) } \\ & 0(0 \%) \\ & 0(0 \%) \\ & 2(28.6 \%) \\ & 1(14.3 \%) \\ & 1(14.3 \%) \\ & 1 \\ & 0 \\ & 0 \end{aligned}$ | -- |
| Subsequent anesthesia | 13 (23.6\%) | 10 (28.6\%) | 3 (21.4\%) | 0 |  |
| Allergic event | 0 | 0 | 0 | 0 | NA |

Cases of anaphylaxis induced during non-general anaeathesia (GA) procedures

| Gender Age | Previous <br> surgery | Type of reaction | Tryptase | BAT | SIgE | Skin test | Subsequent <br> anaesthesia |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| F | 33 | 0 | Cutaneous | NT | - | - | syntocinon | No |
| F | 70 | 3 | Cutaneous, <br> hypotension | NT | - | chlorhexidine chlorhexidine | No |  |
| F | 78 | 2 | Bronchospasm | NT | gelofusine | - | NT | No |
| M | 69 | 0 | Cutaneous, <br> bronchospasm <br> Cutaneous, <br> hypotension | + | - | - | gelofusine | No |
| M | 69 | 1 |  | - | chlorhexidine chlorhexidine | No |  |  |

Contrast of tryptase positive and negative intraoperative anaphalaxis

|  | Tryptase |  | p value |
| :--- | :--- | :--- | :--- |
|  | Positive (N=35) | Negative (N=14) |  |
| Allergy workup |  |  |  |
| Positive skin test | $28(80 \%)$ | $6(43 \%)$ | 0.017 |
| Positive Sig E | $6(17.1 \%)$ | $0(0 \%)$ | 0.157 |
| Positive BAT | $15(42.8 \%)$ | $0(0 \%)$ | 0.002 |
| Composite allergy diagnosis on <br> workup | $31(88.6 \%)$ | $6(43 \%)$ | 0.002 |

## Conclusion:

- Skin tests are sensitive test in the workup for intraoperative anaphylaxis
- There was correlation between tryptase elevation and the allergy workup.
- Patients presented with unexplained refractory shock or clinical evidence of acute bronchospasm. Anesthesiologist should always bear in mind of anaphylaxis as possible differential diagnosis.
- A comprehensive allergy assessment integrating clinical history, skin tests and blood tests by relevant specialist would be important for patients with intraoperative anaphylaxis in consideration of future anesthesia.


## THANK YOU

Acknowledgement:
Dr Eric Chan, Dr Lam Ki, Ms Clara Lo, Division of Clinical Immunology, Department of Pathology, QMH

Prof C S Lau, Department of Medicine, The University of Hong Kong

