

Enhancement Program for Patient with Trigger Finger Through Integrated Model of Care

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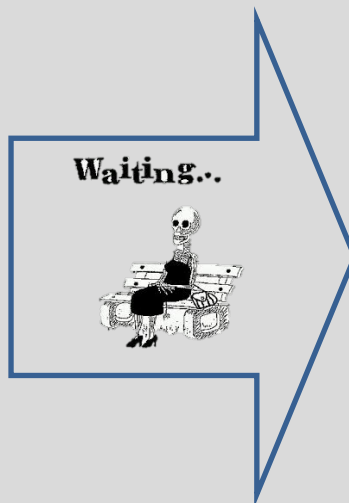
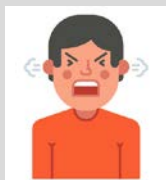
Objectives

1. To reduce the waiting time of patients with Trigger finger at the Specialty Out-Patient Clinic (SOPC)
2. To evaluate the outcome of the new “Integrated Model”

Methodology

Pilot Scheme: 14/03/2017-31/12/2017

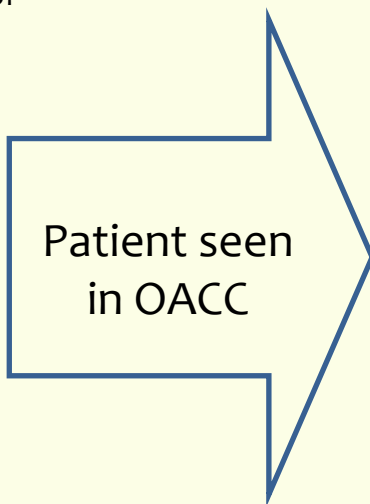
Previous Practice:



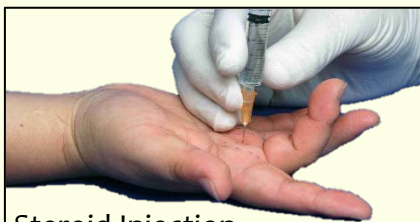
Doctor seen
twice for
treatment &
Follow up

Integrated Model:

Choose Referral with diagnosis of
Trigger finger in SOPC



Doctor Session:



Steroid Injection

Conservative Treatment

Follow Up in Nurse Clinic:

Assessment:

- Wound condition
- Triggering symptom
- ROM
- Pain Level

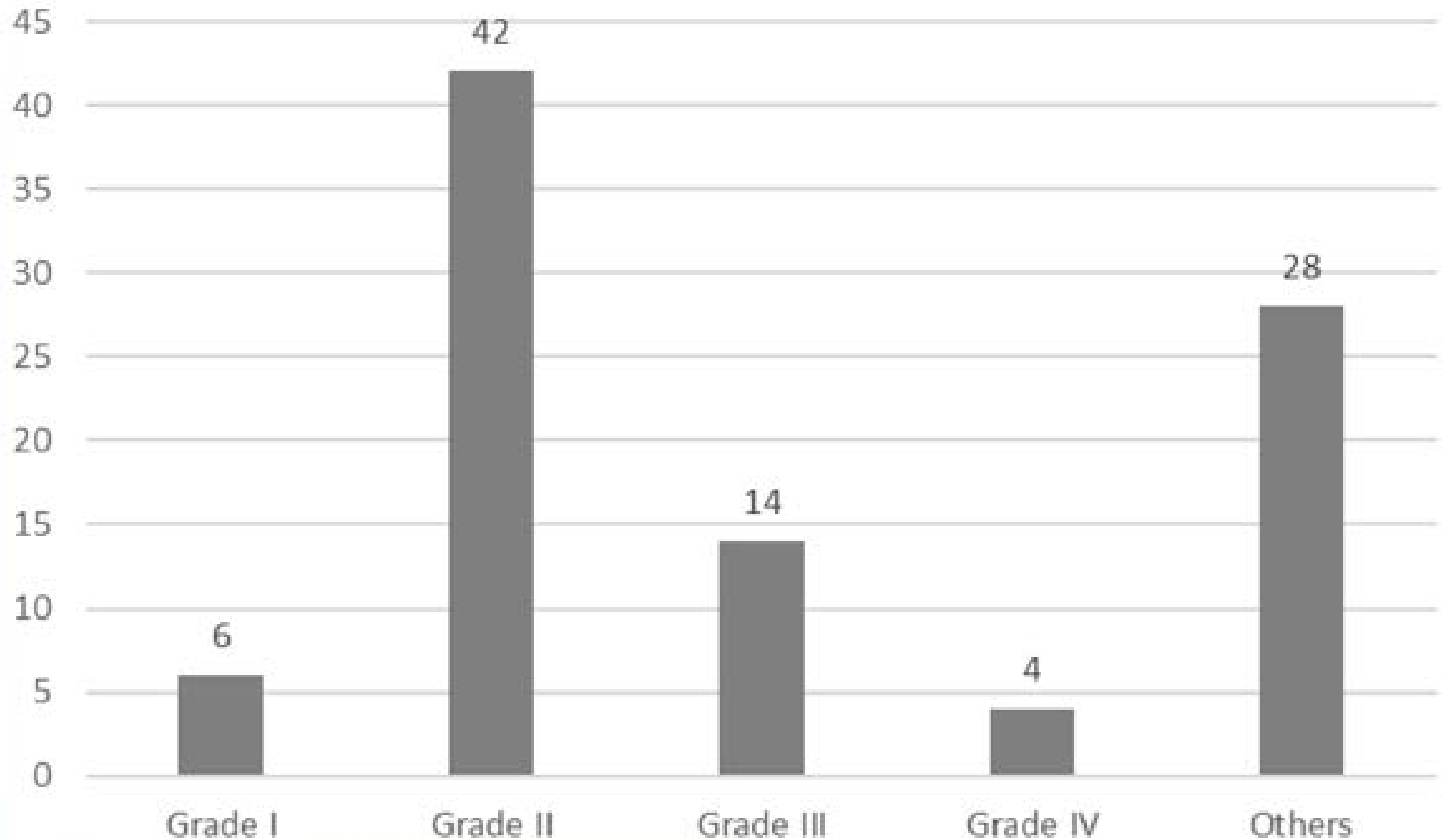
Health Education

- Massage
- Stretching Ex
- Lifestyle Modification



Refer to allied health professional

Grading of Trigger Finger



Thank You