



Service Priorities and Programmes
Electronic Presentations

Convention ID: 95

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Advanced Psychiatric Nursing Practice of Horticulture in Hospital

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Keywords:

Horticulture

Quality of life

Introduction

Green living is a global main theme nowadays. Horticulture activities provide positive benefits to psychiatric in-patients for improving cognitive abilities and social skills; reducing stress; reducing self-harming/ violence behavior.

Objectives

#NAME?

Methodology

- Conducted horticulture activities in SH/ 3 Floor rehabilitation garden for Ward 3CD adult psychiatric in-patients.
- Started sessions on every Saturday & Sunday from 1/9/2016 to 31/12/2016.
- Facilitated each session (4-5 patients) by at least 1 nurs

Result

- 67 patients from Ward 3CD attending this program. Age groups distribution: 20 or below (5%), 21-30 (33%), 31-40 (13%), 41-50 (13%), 51-60 (33%), and 60 or above (3%).
- Average BPRS were 29.6 and 23 in pre- and post-test respectively. All 18 items BPRS