



Service Priorities and Programmes Electronic Presentations

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Fall Prevention Enhancement Program in STFA Leung Kau Kui GOPC

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Keywords:

Fall Prevention

Introduction

"A Fall is defined as an event which results in a person coming to rest inadvertently on the ground or floor or lower level". The consequence of falls may result in physiological injury, immobilization, hospitalization, long term care, functional independence, depression, decline in quality of life and even causing death. In KCC General out-patient clinics (GOPCs), 'Patient Fall' is in the top 3 risk registry of KCC FM & GOPC in 2015/2016. There were 3 out of the 10 fall cases in KCC GOPCs happened in LKKC from Jan to July 2015. Though falls seem to be unanticipated and inevitable, one –third of falls could be prevented (WHO, 2012). With the aim to prevent further fall incidents and to ensure patient safety, fall prevention enhancement program was implemented in LKKC since July 2015. The program involves identification of contributing risk factors, improvement of clinic environmental setting and current practice, enhancement on staff training, conduction of regular fall prevention audit and maintaining a healthy workplace.

Objectives

- 1) To prevent falls and enhance patient safety
- 2) To promote safety culture and raise staff awareness of falls prevention
- 3) To sustain healthy work place

Methodology

- 1) Assign subject officers to coordinate the fall prevention strategies plan
- 2) Explore the root causes of the fall incidents
- 3) Improve environmental and facility management in clinic setting
- 4) Streamline and redesign the operation workflow
- 5) Reduce waiting time and the length of stay in clinic
- 6) Staff training
- 7) Maintain a healthy workplace

Result

Result:

There are positive outcomes of the falls prevention enhancement program. The ultimate goals were achieved. The fall incident rate decrease in LKKC. There was one fall incident in 2016 in LKK GOPC. In addition, the staff is generally capable to take

proactive role in prioritizing clinical services to fall risk patients. New guidelines on "Patient Falls Prevention and Management in KCC GOPCs" and audit form for falls prevention were updated by KCC FM & GOPC department in July 2016 to sustain the healthy workplace and patient safety.

Conclusion:

In the falls prevention enhancement program, aim at prevent fall. Effective leadership, team approach, staff engagement and healthy work place are crucial in fall prevention to strive for patient safety.