



Service Priorities and Programmes
Electronic Presentations

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Submitting author: Dr Savio LEE

Post title: Resident Specialist, Tuen Mun Hospital

Pilot Program: Day Rehabilitation Management

LEE S(1), Yick HYA(1), Chow SLE(1), Chu CKA(1)

Rehabilitation Unit, Department of Medicine and Geriatrics, Tuen Mun Hospital

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Introduction

Day Rehabilitation Management (DRM) is a pilot program running in TMH. It provides day intensive rehabilitation training to suitable patients during the transition from hospital to community. We provide specialty rehab. training with a transdisciplinary approach to ensure the continuity of care and minimise case handover time from in-patient to out-patient process, as well as utilizing advanced rehab. technologies.

Objectives

To support patient who require rehabilitation specialist-led intensive / complicated rehabilitation.

To enable early discharge (early transition from hospital to community training) to benefit patient rehabilitation and relieve in-patient service load.

Methodology

Our service commenced on 12/2016 and we had recruited 12 female and 7 male patients. All of them suffered from stroke or other neurological diseases and were referred to neuro-rehabilitation centre either in-patient or out-patient before. Patients were offered intensive rehabilitation training as suggested by Rehab. Specialists. Ongoing review of the cases were studied and analysed.

Result

All of the patients recruited with mean age of 48.9 years old (range 20-67). Total of 16 patients were referred from in-patient (84%).

15 patients (79%) joined the program and still on active training. 4 did not join or default later because of motivation / transportation reasons. Outcome will be assessed on functional status and extent of goal achievement. Satisfaction survey will also be conducted after training