



**Service Priorities and Programmes**  
**Electronic Presentations**

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**Lessons of Trauma Informed Practices in Psychiatric Rehab Ward; Recovery Ambassador**

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**Introduction**

**Objectives**

- To promote esteem and communication skill of target in-patient
- Promote adaptation of newly transfer-in inpatient
- Promote harmonious peer support environment

**Methodology**

Design and Method

- In-patients of rehab ward with stable mental state; Brief Psychiatric Rating Scale (BPRS) < 12, (Specific Level of Functioning (SLOF) > 50, were recruited on voluntary based in 4Q16 (Oct to Dec 2016).
- Subjects, who had completed a structured Recovery Ambassador Training and passed the required assessment, would become Recovery Ambassador and serve for 28 days.
- Recovery Ambassador would provide (1) structured orientations to newly transfer-in inpatient according to "Orientation Guide" , (2) co-organize recovery activities with staff.
- They would complete a self-esteem test of Rosenberg self-esteem and communication skills test before and after trial.
- Collateral assessment by ward staff, carers and in-patients would be collated.

## **Result**

- To promote esteem and communication skill of target participants
- Promote adaptation of newly transfer-in inpatient
- Promote harmonious ward environment

### Results and Discussion

- Recruit 9 male subjects on voluntary base over trial period.
- Based on psychometric measurement, all subjects had no significant psychotic symptoms. The range of BPRS was 24~30 with Mean BPRS= 25. The range of SLOF was 184~218, Mean SLOF=176.
- Pair-test of Rosenberg Self-esteem scale to pre and post training score was done and significant difference was found(  $p \leq 0.05$ ).
- Collateral assessment by ward staff, subjects and the carers indicated noticeable positive improvement.
- Collected 13 survey among 17 nursing staff (76%).
- Collected surveys from all subjects (100%).