To cultivate the interest and facilitate knowledge sharing by a Dermatology Interest Group

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- cryotherapy
- scissoring

Introduction
Dermatological conditions are commonly seen in our daily practice. The postgraduate training on this aspect is lacking and interested doctors need to take overseas Diploma courses or participate in local short certificate courses/symposium to update the knowledge.

In order to cultivate the learning and training in this aspect, a Dermatology Interest Group (DIG) was established in our Department to promote the sharing of knowledge and skills and hence encourage continuous professional development.

Objectives
1. To promote the discussion of interesting and difficult dermatological problems
2. To share common dermatological skills used in family medicine practice like skin biopsy, cryotherapy, scissoring
3. To encourage participation of all colleagues by a prized dermatology quiz
4. To reinforce training in dermatology by supporting colleagues to join dermatology course
5. To provide a platform for colleagues to obtain CME/CPD

Methodology
A DIG was formed in our Department in June 2015 and interested members are recruited. Regular meetings were held for sharing of cases and discussion of promulgated activities. An electronic interactive platform was set up to allow interactive case discussion; participation of monthly photo quiz (prized sponsored by seniors and also accredited CME/CPD by our College) and archive of training and presentation materials.

Designated DIG members will also have attended dermatology training courses
Result
Throughout the year in 2016, the following activities were held
A. Presentations to colleagues: (1) Common dermatological procedures in daily practice skin biopsy, cryotherapy, scissoring) (2) Use of dermoscopy
B. Dermatology photo quiz: 12 quiz were posted and more than 30 doctors have participated
C. Training Courses: HA Dermatology Commissioned training, Dermatology Symposium: 6 doctors have attended at least one of the courses
D. Dermatology case discussion: around 20 dermatology cases were discussed e.g keratosis pilaris, pityriasis rosea, actinic keratosis, rosacea, acanthosis nigricans, twenty nail dystrophy, drug rash, periorbital cellulitis etc
E. Patient materials: 5 Education pamphlets and 1 Dermatology drug list were drafted.
F. Guideline: Skin Biopsy guideline
Conclusion: The activities of a DIG demonstrated the importance of mutual support and synergistic effects with limited resources. The group has facilitated the sharing of knowledge via presentation and discussion forum, arouse the interest of colleagues via prized quiz and CME, and promote training by assigning colleagues to attend training courses. It is hoped that in future more organized talks and more training can be provided to colleagues.