



## Service Priorities and Programmes Electronic Presentations

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### **Cancer Case Manager helps breast cancer patient to face their treatment journey easier**

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#### **Keywords:**

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#### **Introduction**

Breast Cancer is worldwide concern and the treatment journey of breast cancer is very traumatic experience to people with physical, psychological and social involvement. They expressed great worry about the disease, feelings of loss of control as well as self-confidence and let them fell in a stressful and helpless situation. In order to assist the breast cancer patients to face their disease and treatment journey, Cancer Case Manger (CCM) Program was implemented to assist them facing the disease, go through the treatment journey and provides a platform for them to ventilate and reinforce them to have positive attitude to face the disease.

#### **Objectives**

To Enhance Continuity of Care to patients with breast cancer.

To Optimize individual's health at various treatment phases.

To Ensure Quality of Care and promote high standard of care in Breast Cancer.

#### **Methodology**

In Augusts-September 2015, 31 breast cancer patients who completed the cancer treatment regimen for more than 2 months were invited to evaluate the CCM program with questionnaires regarding patient's satisfaction.

#### **Result**

Breast cancer patients (92%) satisfied CCM program, they (97%) appreciated the CCM expert impression.

They expressed CCM can answer their questions about breast cancer (92%) and decrease the uncertainty and anxiety (89%) during the treatment journey such as operation, chemotherapy, radiotherapy. And arouse their awareness of breast cancer (86% ).

Breast cancer patients were not facing the disease alone, CCM helps them to clarify their misunderstanding and worries, reduced their level of anxiety and arouse their awareness of breast cancer, as well as empower them to take an active role for their better health outcome.