



Service Priorities and Programmes Electronic Presentations

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Fall prevention by multi-disciplinary approach

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Fall

MFAC

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Introduction

Increasing trend of fall incident in new Medical Rehanilitation Ward

Objectives

Prevent fall incident and enhance communication between ward staffs and allied health. Prevent IOD related to manual handling.

Methodology

Designated signage of MFAC, walking aids and ADL (grooming, toileting, feeding) will be posted at bedhead of each patient. Mobility and use of aids will be assessed by physiotherapist and ADL will be assessed by occupational therapist for all patient in medical rehabilitation ward. MFAC list will be posted in each patient cubicle and corridor for staffs and carer reference. Briefing of signage related to MFAC and walking aids by physiotherapist before starting the program. Carer shows understanding on patients mobility and ADL status which facilitate the rehabilitation plan and gain their cooperation. Ward staffs can retrieve the mobility and ADL status in a easy way for discharge planning. The signage also gives information on use of aids and level of assistance for transfer which prevent injury of staffs and promote patient safety.

Result

Reduce 20% of fall incident annually Fall rate compare with HAGp1 mean, severity index of fall incident.

Fall incidents of 2014-15, 15-16 & 16-17 is 9, 6, 3 respectively(decrease 33% and 50%)