



Service Priorities and Programmes Electronic Presentations

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Provide Conductive Education Activities for residents receiving long term care

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Introduction

There are about 250 residents in Infirmary Unit and Disabled Unit at Cheshire Home Shatin (SCH). Majority of them are suffering from elderly diseases, (e.g. CVA, Dementia) which affect their physical and psychological conditions. By experience shows that CE activities have outstanding improvements on residents' psychological condition. We use CE activities provides as part of the CQI Programme and End of Life Programme.

Objectives

To improve QoL (Quality Of Life) of residents who receive long term care service in SCH. To improve self-esteem, increase happiness index and help them build positive characters. To improve self-care ability to encourage support from relatives

Methodology

We carried out the CE activities by adopting the retrospective method. There Emphasizes on providing different activities with festival or cultural themes, which motivates residents and help them connect with their long term memory. Provides training for their gross and fine motor control, cognitive, speech and social skill. The programme provided Chinese cultural themes, such as Chinese wedding, Chinese music, Chinese traditional child care, Chinese festival, Hong Kong anecdotes, Chose target residents who have better communication ability and responsiveness.

Result

The majority of the participant have significant positive mood shift after the activity. All residents and relatives participants enjoyed the training program.

Feedback from residents shows that participants have expanded their organizer shows staff also gain from this programme.

There offer more physical training to build up the atmosphere. Residents whose

conditions are medically unstable, with confusion and limited responses have difficulties in benefitting from the programme. Participation of relatives are highly encouraged as the benefits from the activities can be further extended to their daily lives. Feedback from organizer shows staffs also gain from this programme. This programme will be held yearly in the coming years with festival related themes.