



Service Priorities and Programmes
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Collaboration with Physiotherapy and Nurses in Manual Handling Operation (MHO)

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Introduction

In Rehabilitation & Palliative ward, nurses and supporting staff take care of others every day including lifting, transferring, pushing, pulling and moving another person; they may not realize that they themselves are facing numerous occupational health and safety hazards at work. Review and prevent the increasing trend of injury on duty (IOD), a project entitled "Collaboration with Physiotherapy and Nurses in Manual Handling Operation (MHO)" has been launched in Rehabilitation & Palliative ward on January of 2017.

Objectives

- (a) Collaboration with Physiotherapy and Nurses to enhance and improve patient safety and quality of care
- (b) To provide and maintain a safety environment for nurses and supporting staff
- (c) To promote occupational safety & health in Rehabilitation & Palliative ward
- (d) To enhance nurses and supporting staff knowledge in MHO

Methodology

The I2E2 (i.e. Inspiration, Infrastructure, Education and Evidence) strategies are adopted for facilitating the implementation of the project:

- (a) Nursing colleagues review the root cause analysis the number of IOD related to MHO
- (b) Collaborate between Physiotherapy and Rehabilitation & Palliative ward management team to discuss the concern of MHO

- (c) Conduct Ward Based Education (WBE) and invite Physiotherapy colleague to share and educate nurses and supporting staff in MHO
- (d) Prepare the audit form and assign auditors to conduct the MHO audit
- (e) Collect staff feedback

Result

With the collaboration between Physiotherapy and Rehabilitation & Palliative ward management team, the project was successfully rolled out in 1Q2017. The project of "Collaboration with Physiotherapy and Nurses in Manual Handling Operation (MHO)" was supported by ward staff.

The result of the project as follow:

- a) 2 Ward Based Education (WBE) in MHO has provided to ward staff
- b) Total 22 Nurses and 11 supporting staff attended the two sessions
- c) Positive feedback are collected from the nurses and supporting staff

With a good initiative on enhancing quality of care to our colleagues, collaborative approach significantly contributes to a positive outcome to staff and patient caring culture. Inspiration, infrastructure, education and evidence (I2E2) are key elements for facilitation the change of practice. We have demonstrated our concerted efforts and synergy in contributing to the smooth implementation of project which in return helps in upholding the quality of patient care as well as creating positive practice environment and sustaining our mission.