Enhancement of End-of-life Care for Terminally Ill Cancer Patient: Eternity Love

Cheng PH (1), Pi SS (1), Ng KL (1), Chan MY (1), Lo WC (1)

(1) Integrated Palliative Care Unit, Hong Kong Buddhist Hospital

Keywords:
End-of-Life
Terminally
Cancer
Patient
Enhancement

Introduction
The final days and hours of life can be rich with meaning and expressions of love. A well-said goodbye to a loved one, whether we are the one leaving or the one left behind, can turn the sadness of parting into a moment of love and appreciation. The aim of palliative care is to improve the quality of life for a person with a life-limiting illness and their families. To many patients and their families, palliative care can sound like the end of the road. From the moment a loved one is diagnosed with a terminal illness, a caregiver’s life is never the same. As End-of-life approaches, a patient’s last wishes must be respected. End-of-life care giving requires support. A palliative care team provides emotional and spiritual support according to the wishes and beliefs of the patient. They also offer emotional support to the patient’s family, caregivers, and loved ones, including bereavement counseling.

Objectives
To improve the quality of life for a person with a life-limiting illness and their families

Methodology
The story of Mr. Tong was used to illustrate how the palliative care team could make Tong’s last wish come true. Although time was limited and urged, the palliative care team worked together towards the fulfillment of Tong and his family’s wish. Love from family and health care workers prompted the achievement. Based on the existing guidelines of Advance Care Plan and multidisciplinary team approach, Tong’s family was under the care of “四全照顧”. When Tong’s life came to the end, the family was assisted to say goodbye by means of “四道人生”. As a result, the aim of “三善” was achieved which was the strong desire of Mr. Tong and his family.

Result
Mr. Tong’s last wish was there to take a final look at his own home. His wish had been made possible although he was ill in condition on the day of home leave. Tong arrived home with companion of wife and daughter. In spite of tiredness, he still walked limply into his room and took a look at the wedding photo with his wife. It was a home where the whole family had lived for more than 20 years. Tong knew that it was his last time to stay with his beloved family in this “Sweet Home”. The team not only fulfilled Tong’s dream but also soothed the family’s grief of losing an important member.

Palliative Care achieves:

四全照顧：全人，全家，全程，全隊
四道人生：道歉，道謝，道愛，道別
三善：善終，善別，善生