Community Education of End of Life Care for Neighborhood Elderly Centre
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Introduction
Hong Kong has a rapidly aging population and a majority of deaths occur in public hospital. Illness and death is the inevitable process of life. Facing death is a great psychological trauma to many people. Introducing the palliative care service and concept of end–of-life care in neighborhood elderly centers were developed in order to provide knowledge to the senior citizens, so that they could enjoy a positive attitude towards to quality of life and quality of death.

Objectives
To introduce the palliative care service and concept of end–of-life care in neighborhood elderly centers in order to provide knowledge to the senior citizens, so that they could enjoy a positive attitude towards to quality of life and quality of death.

Methodology
The seminar was held in the neighborhood elderly centers and responsible by palliative home care nurses. The seminar presented in Cantonese and format was 60 minutes. A participant survey was distributed to seminar participants during finishing the seminar. The evaluation form was designed a simple ‘yes or no’ question format in order to be completed by the senior citizens easily. A total of 10 questions were conducted. The period of evaluation was from September 27-October 12, 2016.

Result
The overall satisfaction rate of the seminar was 99.04%.
The respondents viewed the contents of seminars:
- rich and really helpful (100%),
able to enhance understanding more about palliative care service in Hong Kong (100%),
- able to minimize the doubts about end-of-life care (97.1%),
- able to clarify the concept of advance directives (100%) and have a good psychological support from home care nurses (100%).
The seniors delighted to share end-of-life care information with relatives and friends and wish to hold the seminar continuously (100%). Participants responded favorably to overall questions about seminar including content, format, and satisfaction of this course as a whole. Discussion session did help a lot especially advices and professional knowledge were provided by home care nurses.