



## Service Priorities and Programmes Electronic Presentations

**Convention ID:** 147

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### **Community Education of End of Life Care for Neighborhood Elderly Centre**

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#### **Keywords:**

Community

Education

End-of Life

Elderly

Centre

#### **Introduction**

Hong Kong has a rapidly aging population and a majority of deaths occur in public hospital. Illness and death is the inevitable process of life. Facing death is a great psychological trauma to many people. Introducing the palliative care service and concept of end-of-life care in neighborhood elderly centers were developed in order to provide knowledge to the senior citizens, so that they could enjoy a positive attitude towards to quality of life and quality of death.

#### **Objectives**

To introduce the palliative care service and concept of end-of-life care in neighborhood elderly centers in order to provide knowledge to the senior citizens, so that they could enjoy a positive attitude towards to quality of life and quality of death.

#### **Methodology**

The seminar was held in the neighborhood elderly centers and responsible by palliative home care nurses. The seminar presented in Cantonese and format was 60 minutes. A participant survey was distributed to seminar participants during finishing the seminar. The evaluation form was designed a simple 'yes or no' question format in order to be completed by the senior citizens easily. A total of 10 questions were conducted. The period of evaluation was from September 27-October 12, 2016.

#### **Result**

The overall satisfaction rate of the seminar was 99.04%.

The respondents viewed the contents of seminars:

- rich and really helpful (100%),

- able to enhance understanding more about palliative care service in Hong Kong (100%),
- able to minimize the doubts about end-of-life care (97.1%),
- able to clarify the concept of advance directives (100%) and have a good psychological support from home care nurses (100%).

The seniors delighted to share end-of-life care information with relatives and friends and wish to hold the seminar continuously (100%).

Participants responded favorably to overall questions about seminar including content, format, and satisfaction of this course as a whole. Discussion session did help a lot especially advices and professional knowledge were provided by home care nurses.