



Service Priorities and Programmes Electronic Presentations

Convention ID: 1240

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Bath Now? Later Please!

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Keywords:

Delay First Newborn Bathing

Benefit of Skin to Skin Contact

Traditional Chinese Culture

Acceptant by Staff

Introduction

Delay of first newborn bathing appears to be a new practice recently. However, most of the request are European mothers, and not much of our Chinese mother ask about this, are they not know or accept this practice? How about our staff, are they also accept this new practice? A survey was performed in July 2016 to August 2016.

Objectives

The purposes were to explore the perception and acceptant about delay newborn bathing among Traditional Chinese mothers, and also the acceptant among our OBS staff.

Methodology

This survey was done in Queen Mary Hospital Obstetrics Unit. Questionnaire was desgined for client and staff in Chinese version only. Both questionnaire are same questions. Only Chinese couple who are able to read Chinese and listen Cantonese were selected to join this survey. For staff, also random selection in Obstetrics Unit in Queen Mary Hospital.

Result

191 Chinese mothers were joined this survey, and 86 of our staff were invited to complete this questionnaire. 87% of our Traditional Chinese mothers were accepted their newborn to delay first newborn bathing, and 79% of our staff also accepted this practice. Both group do agree that, delay first newborn bathing would not affect their daily newborn care. The resulted showed us that, it is worth to change our practice so as to improve a better outcome for the newborn.