**Peer-led Co-produced Program “Art and Wellness” Part I: The Qualitative Analysis for The Recovery Outcome of The Peer Service Providers**

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**Introduction**
The integration of peer support element into the traditional psychiatric rehabilitation has translated the idea of co-production into motion. With the facilitation from therapists, persons-in-recovery were transited to a role of peer service provider using strength in art to plan, design and deliver a co-produced painting program “Art and Wellness” for peer service users in 2016.

**Objectives**
To evaluate the qualitative recovery outcome of peer service providers.

**Methodology**
A working group with peer service providers, peer support specialists and occupational therapists was formed to co-produce “Art and Wellness” integrated with positive psychology elements. After seven formal meetings, 11 sessions were conducted in three-month for 12 peer service users. Upon completion, a semi-structured interview was conducted to evaluate the qualitative outcome for the recovery of two peer service providers. The transcript was thematically analyzed.

**Result**
There were seven key themes on recovery identified as below. The qualitative analysis suggested that the personal recovery of the peer service providers were facilitated through the co-production process:

1. Increasing positive emotions
(2) Increasing sense of worthiness and esteem
(3) Increasing acceptance to mental illness
(4) Revisiting and exploring the meaning of life with mental illness
(5) Being empowered by the role of peer service provider
(6) Improving social network and connectedness
(7) Developing new skills and competence for future work

To highlight, it provided an opportunity and a trustworthy environment for peer service providers to come out proud and reframe the mental illness in a meaningful way. They formed an extensive social network with the working group and peer service users. Such connection provided a sense of social inclusion and also empowered them to continue helping other peer service users by utilizing personal strength in art in future.

To conclude, similar peer-led programs can be co-produced for persons-in-recovery to pave the way for a recovery college, which is in line with the recovery strategies employed in the United Kingdom.