Empower family medicine doctors with practice of evidence-based medicine

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Introduction
With fast growing medical technology and rapidly expanding medical information, practice of evidence-based medicine (EBM) is essential in quality health care. Empowering our staff with knowledge and skills in evidence-based medicine is a major step in achieving our vision of providing a high standard primary care through evidence-based practice.

Objectives
1. To raise the understanding of EBM in clinical practice among doctors
2. To educate doctors on steps of practicing evidence-based medicine
3. To equip trainers with skills in teaching EBM

Methodology
The concept of EBM has been promoted in the existing departmental structured vocational training activities, driven by trainers who have been trained on teaching EBM.

Result
An EBM interest group with regular monthly meeting established in Nov 2015 in the department. Monthly meetings of journal club practicing critical appraisal have been held in 3 training centres. Online departmental quarterly publication has been distributed to all doctors with clinical case demonstration on how to formulate an answerable clinical question and steps of EBM practice. Two trainers have completed overseas certificate courses of Teaching EBM in 2014 and 2015.