

A Pilot Multidisciplinary Clinic Targeted COPD Patients in Tsuen Wan and Lantau District GOPC

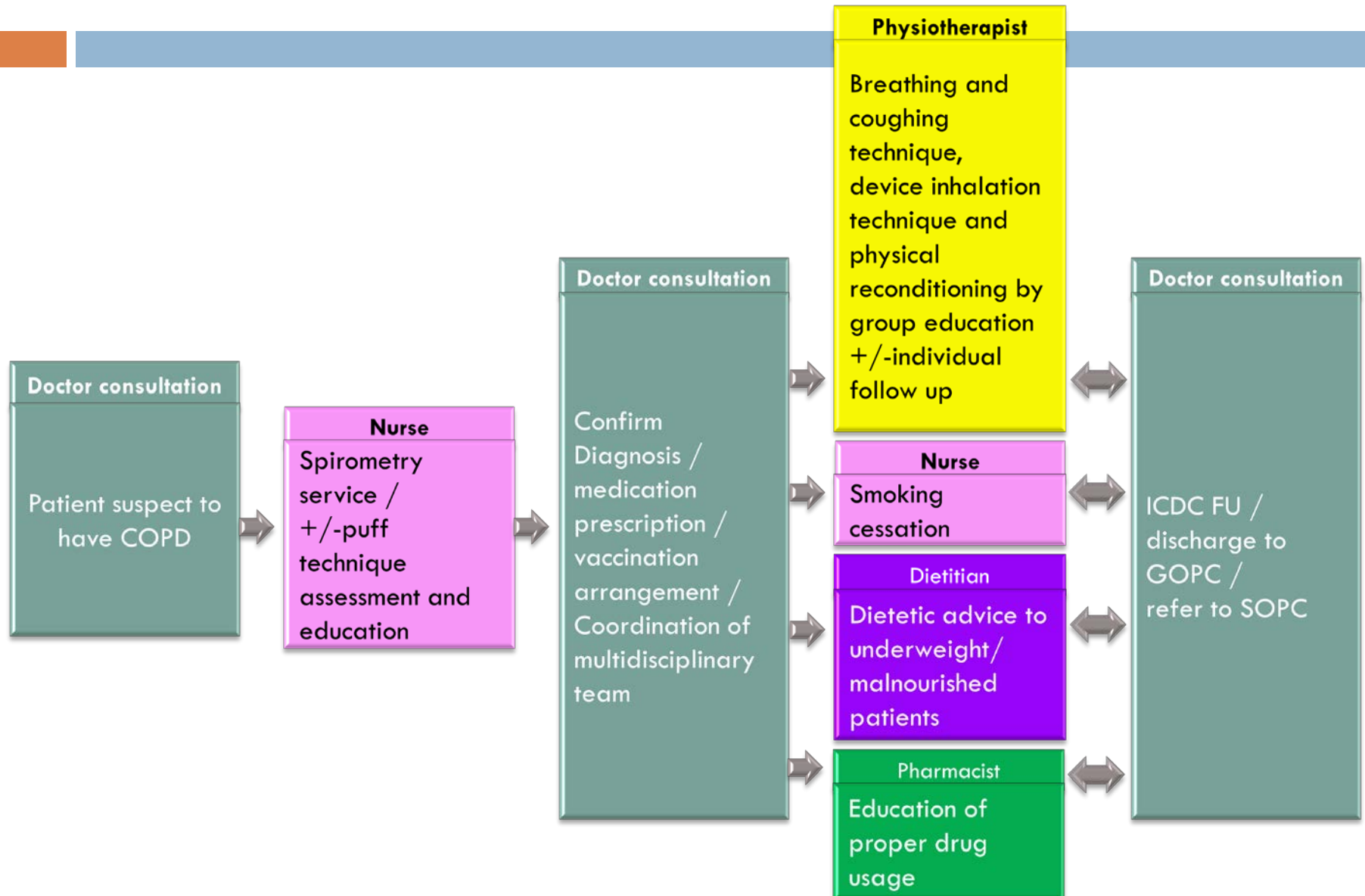
- COPD: substantial health care burden
 - ▣ ~140 COPD patients regularly FU in LT GOPC in 2015
- Difficulty in managing COPD patients in GOPC
 - ▣ Co-morbidities
 - ▣ time-restrained GOPC
 - ▣ lack of spirometric confirmation, severity and exacerbation risk assessment
 - ▣ Limited drug choices

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- Integrated Chronic Disease Clinic(ICDC)
 - ▣ multidisciplinary support and increased drug choices
 - ▣ running in Lady Trench(LT) GOPC, starting from 6/2016
 - ▣ targeted COPD patients who had attendance in Tsuen Wan and Lantau district GOPC

- Objectives: Enhance chronic disease care to COPD patients through multi-disciplinary approach

Patient's journey in LT ICDC service

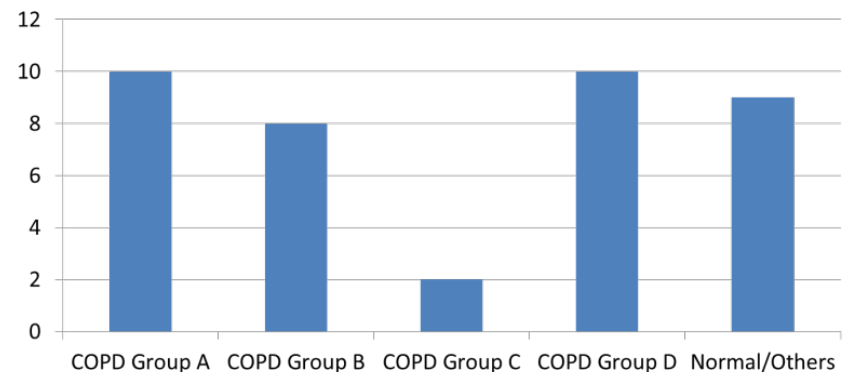


LT ICDC service

- ▣ 92 patients seen from 6/2016-1/2017
- ▣ Only 9 had spirometry prior to diagnosis of 'COPD'

- ▣ 58 patients were arranged spirometry

Diagnosis of ICDC Patients who had Spirometry
(from 9/2016 to 1/2017)



- ▣ LAMA or ICS/LABA available in LT ICDC
- ▣ 35 active smokers, 10 attended smoking cessation service
- ▣ 6 patients attended the 2 education group sessions held by physiotherapist

Way forward.....

- ▣ Increased drug choices
- ▣ Multidisciplinary support
- ▣ Comprehensive continuous and holistic care with accurate diagnosis and risks assessment
- ▣ Monitoring of symptoms score, vaccination rate, smoking status, exacerbation and admission rate