

# IMPLEMENTING THE SOCIAL COMPETENCE TRAINING IN CHILD & ADOLESCENT MENTAL HEALTH

In Child Psychiatric Nurse Clinic of Kwai Chung  
Hospital (KCH) : An evaluation Study

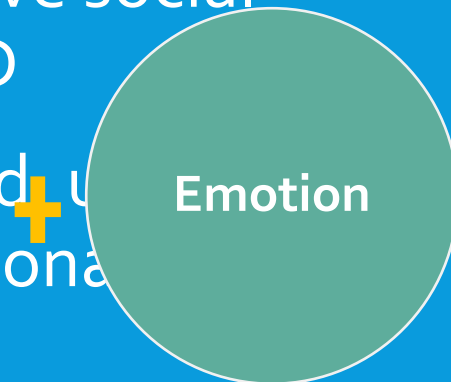
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## The past:

Behavioural training  
: social skill training

- ◆ Focused on steps & skills learning to improve social behavior in ASD
- ◆ Problem with behavior & emotion relation
- ◆ In terms of **inflexibility** & **rigidity** in following social rules with **poor perspective taking**



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## Recent time:

Social competence training  
: with +ve result (parent-assistant)

- ◆ Becomes one of the core treatments for person with ASD.
- ◆ **Conclusion:** Use's social skills, emotion and thinking to achieve optimum functioning in different social situations (Stichter et al., 2010),

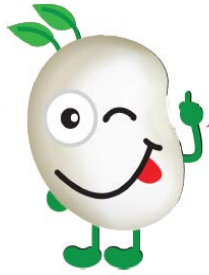


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# 白豆黑豆由我揀 改變形象比人讚

## Newly developed training manuel: Two cartoons characters



大家要  
記住呀!



### 白豆性格：

#### Personaility

- ◆ Flexible
- ◆ Considerate & concern other
- ◆ Aware of other body language
- ◆ Doing appropriate behaviors

- 變通
- 考慮別人感受 and 需要
- 留意別人身體語言
- 對人有禮貌
- 做恰當行為

好形  
象



### 黑豆性格：

- 固執
- 不理會別人感受 and 需要
- 不留意別人
- 對別人沒有禮貌
- 做不恰當行為

壞形  
象

### Personality:

- ◆ Rigid
- ◆ Ignore other's feelings & needs
- ◆ Impolite
- ◆ Doing inappropriate behaviors



# SOCIAL COMPETENCE : INTEGRATIVE APPROACH FOR

Improve mind  
blindness  
(Cognitive Training)

Awareness  
training

Perspective  
taking

Problem solving

Emotion

Recognition of  
facial expression

Recognition of  
own emotion

Response to  
other's emotion

Social skills  
(Behavior Training)

Communication  
skills

Conversational  
skills

Self-protection

**Social  
context**

practices in real life social situations  
e.g. home, gathering, party



video & visual learning,  
role play & modeling,  
feedback on performance



Slogans

說話有禮  
好重要,  
聲線語調  
要適中,  
別人聽了  
會心動



Parent involvement – to mobilize parents to become  
co-trainers for supporting learning & generalization

# RESULT & OUTCOME:

➤ 10 training sessions / week

➤ Parent-assisted training program

➤ 60 participants recruited &  
➤ 59 of them completed both pre & post assessment.

## 1.Social Responsiveness Scale (SRS)

Total SRS score	significantly decreased by 9.85	(paired t-test, $p=0.001$ , 95%, C.I.=4.47 to 15.22)
Cognition sub-scale	significantly decreased by 2.17	(paired t-test, $p<0.001$ , 95%, C.I.=1.02 to 3.32)
Communication sub-scale	Significantly decreased by 3.71	(paired t-test, $p<0.001$ , 95%, C.I. = 1.70 to 5.73)
Mannerisms sub-scale	significantly decreased by 2.56	(paired t-test, $p=0.005$ , 95%, C.I.= 0.82 to 4.30)
2.self-developed satisfactory questionnaire	76% of respondents found it was useful.	