

Mobile Nursing Station Service



流動護士評估服務

Department of Psychiatry
United Christian Hospital

BDF Project No. 130026
Oct, 2014 to Oct, 2016

Project Leader

Dr. LAM Wai Chung
Consultant (Psy)

Project Officer

Mr. CHAN Ka Ho
Advanced Practice Nurse (Psy)

Services Made Available Under the Project

- * 2 years project, 1 APN
- * Educational talks to youngsters (1000)
- * Training sessions to social workers (22)
- * Case assessment and motivation enhancement (181)

Aims

- * Early screening, detection, assessments, engagement, brief interventions, motivation enhancement and referral to treatment for SA youths in the community
- * Recruitment of hidden substance abusers by outreaching service and collaboration with community partners
- * Bridge community NGO service to treatment and rehabilitation service provided by HA for SA youths

Assessments and interventions

- * Assessment on physical, anxiety and mood, cognitive function and psychotic symptoms
- * Motivation enhancement, counselling strategies to quit drug, relapse prevention plan relaxation exercise

Achievements

- * All clients showed improved motivation in drug abstinence evaluated before and after the service with Contemplation Ladder
- * 91 clients (51% of total cases) agreed to be referred to KESAC for further treatment.
- * 73 clients (80% of referred case after this program) attended the first appointment for further medical and nursing support
- * Identified minor group with SA problems (e.g Man who have sex with man, MSM)



基督教聯合醫院
東九龍物質誤用中心

流動護士評估服務

服務對象：疑似濫藥人士或其家人

服務目標：1. 透過身體及基本感統護理評估，提升濫藥者及其家人對濫藥的認識
2. 了解濫藥對使用者已做成的影響，及其處理方法，以協助濫藥者重新投入自在愉快的生活

過程絕對保密
評估地點不限
費用全免

聯絡人：陳宗豪 先生(資深護師)

電話：3949 6386 / 4800

