Innovative Occupational Therapy Triage Service for Interdisciplinary Memory Clinic

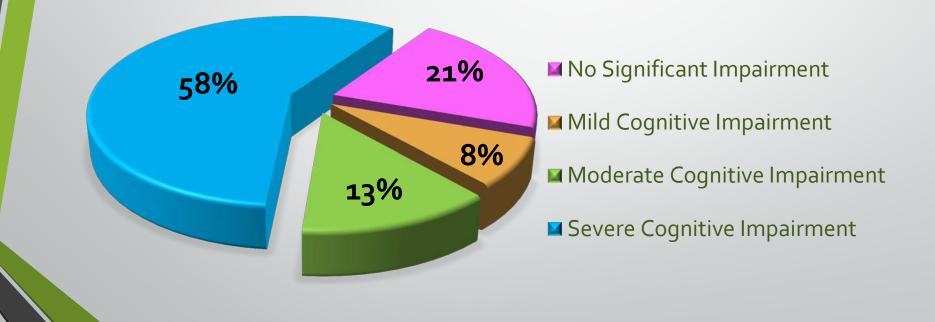
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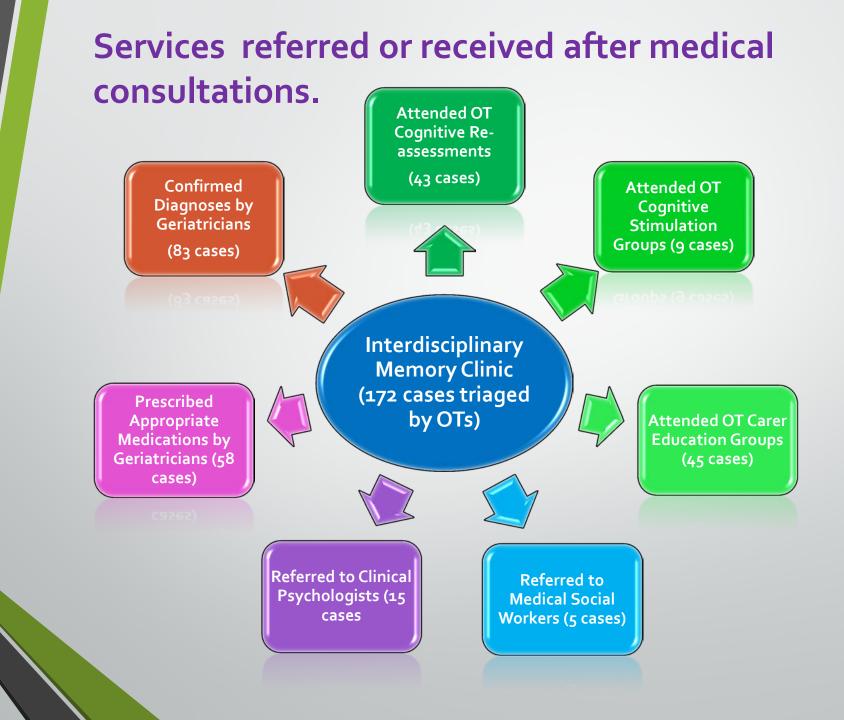
Innovative Occupational Therapy Triage Service for Interdisciplinary Memory Clinic in PMH

Objectives:

- **1.** To provide comprehensive assessment on patient's profiles to facilitate geriatricians for making early diagnosis & formulating appropriate treatment plan.
- **2.** To provide early and tailored OT interventions for patients after stratification with different needs.
- **3.** To collaborate with the interdisciplinary team to promote dementia care.

Total 172 new patients (mean age=79.0±8.75 years) were triaged by OTs in 2016. They were stratified to 4 categories by OTs according to their cognitive functions and functional performance.





Results & Conclusion

Cognitive reassessments completed for 43 patients (25%). Significant improvement was shown in HK-MoCA after OT interventions and interdisciplinary team management.

Assessment	Pre-test	Post-test
HK-MoCA (mean score) (N=43)	11.05 ± 4.99	12.02 ± 5.75
P=0.015		

- This triage service provides early assessments which facilitate early diagnosis and interventions.
- It proves that the interdisciplinary Memory Clinic is beneficial for patients with dementia by providing comprehensive treatments which might postpone their deterioration and reduce the cost of dementia care.