

Hand Function Impairment in Patients with End Stage Renal Failure

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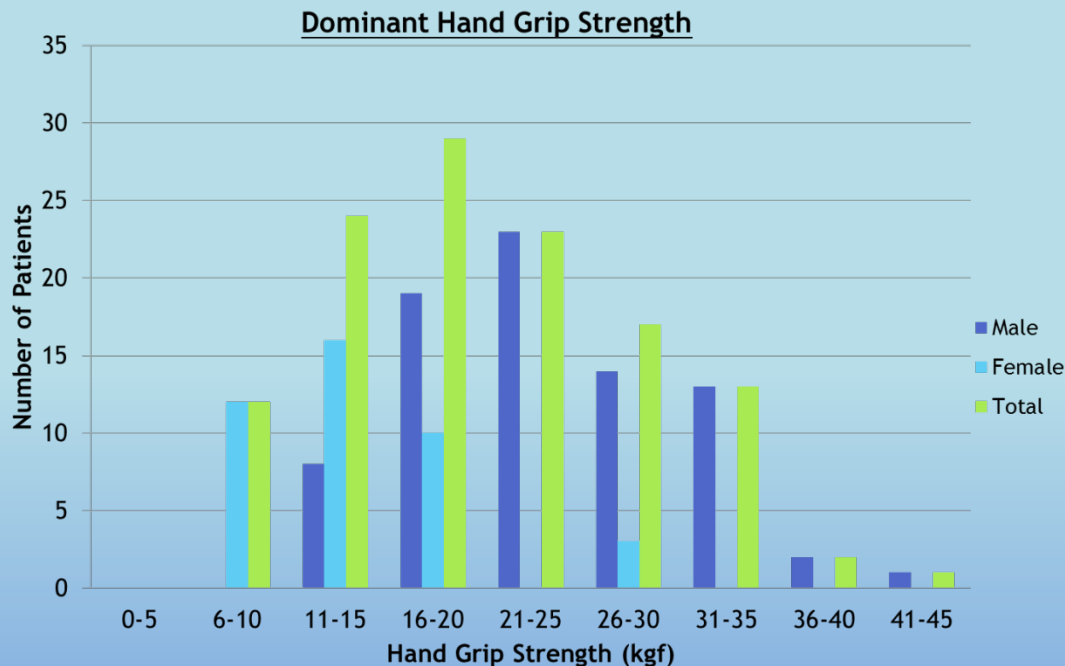


Objective & Methodology

- **Objective:**
 - **To assess the hand function of in-patients with ESRF in PYNEH who need to have peritoneal dialysis.**
- **Method:**
 - **Patients referred from Renal ward of PYNEH**
 - **Self-conducted or helper-conducted peritoneal dialysis**
 - **Refer to Occupational therapy for hand functional assessments within 2 weeks post-Tenckhoff insertion**

Hand Grip Strength

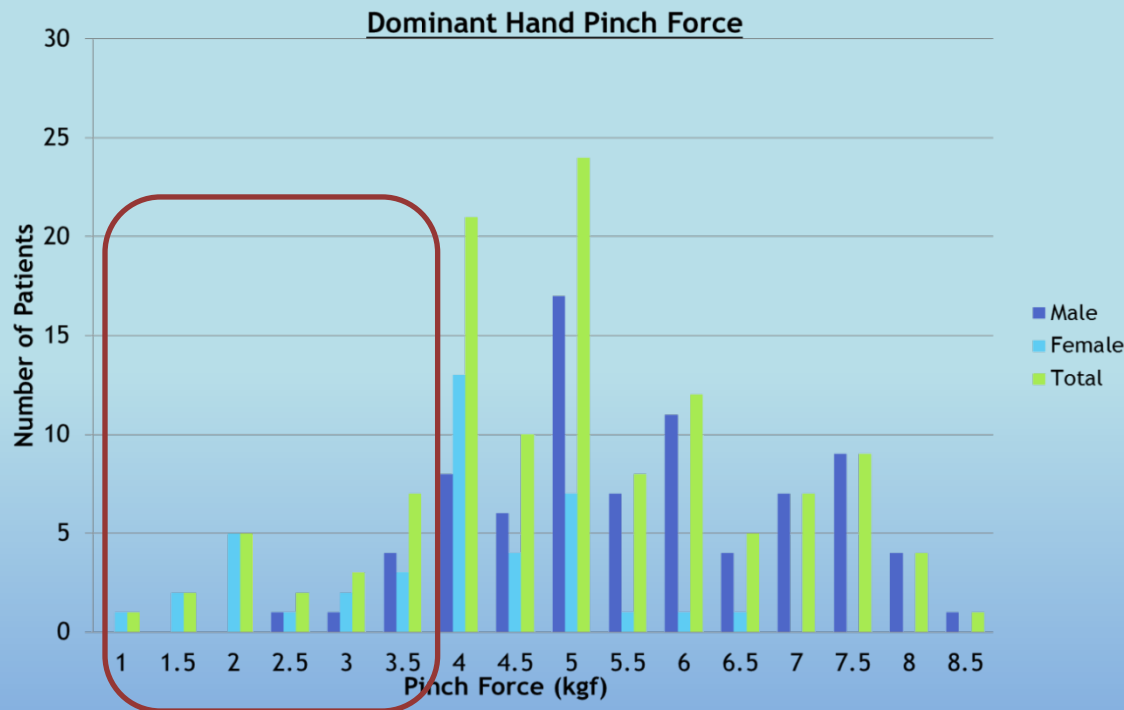
- **43% and 51% lower than the reference value for the male and female healthy Hong Kong Chinese adult (Tsang, 2005) respectively**



N=121
(K8 ward, PYNEH)

Pinch Grip Strength

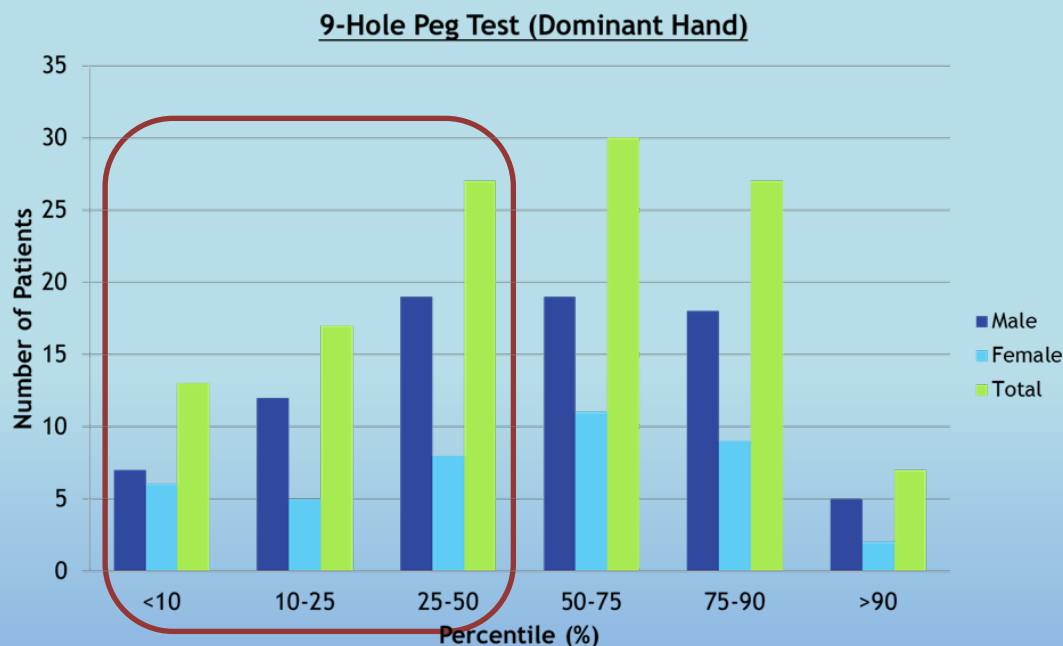
- 7.5% male patients and 34.1% female patients were found to have pinch grip strength of dominant hand lower than 4 kgf**



N=121
(K8 ward, PYNEH)

Manual Dexterity

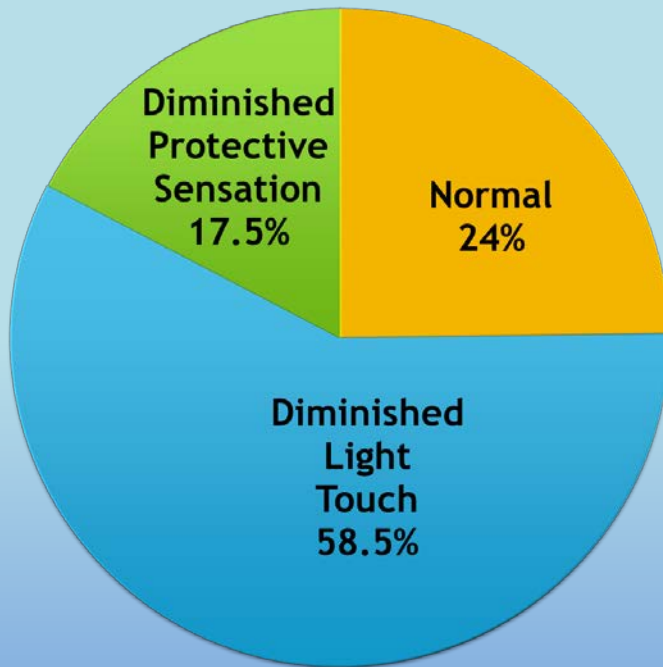
- **Poor dexterity**
- **Around 30.0% below 25 percentile**
- **Around 50% below 50 percentile**



N=121
(K8 ward, PYNEH)

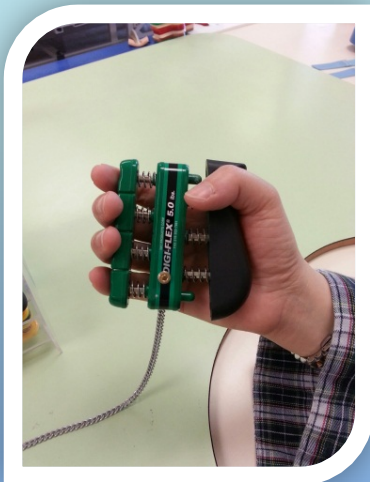
Sensory Assessment

- **58.5% with diminished light touch and**
- **17.5% with diminished protective sensation**



N=121
(K8 ward, PYNEH)

Hand Function Training



Reference

- **OTCOC (2014). *Occupational Therapy service manual for rehabilitation of people with ESRF on dialysis*, : Hospital Authority.**
- **Tsang, C. C. (2005). Reference Values for 6-Minute Walk Test and Hand-Grip Strength in Healthy Hong Kong Chinese Adults . *Hong Kong Physiotherapy Journal*, 23 6-12.**