



**Service Priorities and Programmes**  
**Electronic Presentations**

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**F1 Female Medical Ward: Back to Basic in Pressure Ulcer Prevention Program at Alice Ho Miu Ling Nethersole Hospital**

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**Introduction**

Pressure ulcers (PU) are well-known preventable problem. Prevention of PU formation will improve the quality of care and decrease the cost of hospitalization because patients with PU have a statistically longer length of stay.

**Objectives**

(1)To establish preventive strategy for PU formation (2)To maintain skin integrity during hospitalization

**Methodology**

(1)All urinary or bowel incontinence patients with or without applied napkin are recruited in this program. (2)Cleanse buttock at time of soiling or non-soiling during turning round or changing napkin. (3)Apply Vaseline which is cheap, non-irritant and easily available as a topical barrier to protect the intact skin when incontinence cannot be controlled.

**Result**

From 2014 there was only one PU developed in F1 medical ward. Using a basic topical barrier is effective with lower cost in preventing PU development especially in patient becomes older and more fragile skin condition.