



Service Priorities and Programmes Electronic Presentations

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Enhancement Programme For Patient With Tracheostomy : An Intergrated Approach

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Introduction

Tracheotomy is nowadays more common in patients with prolonged intubation and Nasal Pharyngeal Carcinoma. And the care of tracheotomy is always been seen as a difficult task, which may pose psychological stress on for the patients and their caregiver. In order to equip those tracheostomized patient who is physically fit for discharge home, an integrated enhancement programme had been launched.

Objectives

To empower the patients and their carer knowledge and skill in caring tracheotomy
To reduce the length of stay in hospital To reduce the re-admission rate due to
knowledge deficit in caring tracheotomy To improve the quality of life among
tracheostomaized patient

Methodology

To have multi-disciplined approach including Allied Health, Medical and Nursing staffs, to conduct assessment and implement training to patients and their care givers. On going evaluation would be carried out throughout hospitalization. After discharge, ward 24 hours hotline provided for enquiry, also CNS service for tracheotomy care referred as continuing outreach support.

Result

Both patients and their care givers able to return demonstration with satisfactory result, and phone enquiries received after patient discharge home, mainly related to Non-oral feeding. High level of competency in the daily care were reported. Also, patient have gradually resumed better ADL and improved quality of life than pre-admission