



## Service Priorities and Programmes Electronic Presentations

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**Submitting author:** Ms Yee Mei TAM

**Post title:** Advanced Practice Nurse, Prince of Wales Hospital, NTEC

### **Enhancement of Parental Competency in Baby Care (Baby Bathing)**

*Tam YM(1), LEE SY(1), CHENG YYA(1), POON ML(1), CHANG SF(1), WONG MK(1), CHEUNG ML(1), YEUNG KY(1), TANG WY(1), WONG PM(1)*

*(1) Department of Paediatrics, Prince of Wales Hospital*

#### **Keywords:**

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#### **Introduction**

Bathing for premature baby is one of the issues which parent concerns when premature baby is prepared to discharge home. Baby bathing may also be a stress for parents. It is believed that premature labor cause stress to both parents and their family. Premature baby require a relative long hospitalization due to the critically ill condition. Thus, parental role and parental bonding are interrupted. As these babies grow up and become stable to discharge home, parental stress still exist because these babies are small in size and fragile for parents. Parental competency in baby care may be insufficient. Therefore, teaching parents to bath their infant may reduce their stress by enhancing their competency in baby care. However, there is no baby bathing workshop for these parents in our unit. As a result, a baby bathing workshop is designed to enhance the competency in baby care.

#### **Objectives**

1. To enhance parental competency in baby bathing
2. To satisfy the parental needs
3. To build up a good rapport between parents and nurses
4. To improve nurses' job satisfaction through meaningful improvement work

#### **Methodology**

1. Develop a workflow chart to recruit candidate
2. Provide premature baby bathing workshop as schedule for parents
3. Design a baby bathing pamphlet to parents
4. Invite nurses to participate in teaching
5. Develop a checklist to evaluate the return demonstration on baby bathing by parents.
6. Develop a questionnaire to evaluate the satisfaction of nurses over this service.

#### **Result**

33 parents were invited to attend the workshop and 27 parents joined the workshop. 22 parents attended the return demonstration and 21 assessment forms were collected. The score of compliance on their competency ranged from 86% to 100%. The overall satisfaction score from parents over this service (using a 1-10 satisfaction score, where 1 means the lowest satisfaction and 10 means the highest satisfaction) ranged from 8 to 10. For the staff's satisfaction, 8 evaluation forms were sent out and 7 were returned. They all agreed the workshop could improve their job satisfaction

through meaningful improvement work.