



## Service Priorities and Programmes Electronic Presentations

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### **Promotion smoking counselling and cessation program to the expectant father in the antenatal service**

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#### **Keywords:**

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#### **Introduction**

Smoking in pregnancy is harmful to the fetus. It will increase interuterine death , low bith weight and other complications in the early pregnancy. Most of the pregnant women will stop smoking after pregnancy. What about expectant father? Third hand smoking (passive smoking) will also increase the risks of pregnancy complications. In order to promote a healthy environment to the new born and a healthy family, we introduce the smoking cessation to the pregnan mother and ask her to disseminate the message to her smoking husband to quit smoking

#### **Objectives**

Ask the expectant father to quit smoking in order to decrease the risks of pregnancy complications

#### **Methodology**

In the first antenatal interview in the obstrectic clinic, the nurses will ask the pregnant mother (at about 8th week gastation), about her husband is a smoker or not, provide a brief information on third hand smoking and give a smoking cessation leaflet to the expectant them. Moreover book a smoking cessation appointment to her husband as soon as possible.

#### **Result**

From April 2014 to March 2015, there were 70 expectant smoking fathers were contacted. 36 were recruited to the smoking cessation program. The success rate and the demographic date will be analyzed later