



## Service Priorities and Programmes

### Electronic Presentations

**Convention ID:** 390

**Submitting author:** Ms Billie CHUI

**Post title:** Assistant Social Work Officer, Kowloon Hospital, KCC

#### **Mobile Music**

*Billie Chui Nelly Ho*

#### **Keywords:**

mobile music

#### **Introduction**

Introduction Mobile music is a Bi-monthly music activity for our in-patient which started in 2015. It aims to serve in-hospital patient, especially for long hospitalized patient and patient who are not able to move from bed. PRC coordinate different volunteer team to provide music and songs inside the wards. Through enjoying the music and songs to let the patient having relax and enjoyable morning/ afternoon. Objectives: -To deliver care and concern for the in-hospital patient. -To provide psychosocial support for the in-hospital patient. Date/ Time: Weekday afternoon or Saturday morning/ afternoon Sessions: Total 12 sessions per year Target: hospital in-patient, especially for long hospitalized patient and patient who are not able to move from bed Program content: music and Songs Volunteer recruitment: From community, Shine Recovery Center, AVS and PRC.

#### **Objectives**

The project aims to provide a high quality care to the long hospitalized patient, especially for those infirmity patients who lived in hospital over years and for those who are not able to move from bed. One of the main objective for the Mobile Music project is, through enjoying the music and songs to let the patient having a relaxed and enjoyable morning/afternoon, thus, recharge and restore energy in life. In order to let the patient and carer getting involve in the music show, PRC will prepare simple music instrument e.g. shaker, drum, tambourine, and inviting them to participate together in the music show. Through contact and communication with patient, volunteers can deliver care and concern to patient and carer. To provide support and strengthen the connection between patient, carer and community. Although the project is in initial stage, the project was highly appreciated by patients/ relatives/ colleagues and it was found that an increasing demand on the activity is needed.

#### **Methodology**

At present, as limited supply of psychosocial activity for patient who are not able to move from bed, one of the objectives of the mobile music show is to serve for this target. Increasing demand of service for this target group is needed. Planning for further improvement: To find volunteers who are good at guitar or other music instrument. To explore more available time for service. To extend the service time from 30 minutes to 45 minutes. To make uniform for mobile music team and enhance team spirit. To prepare more handy music instrument for the program.

## **Result**

**Feedback and Evaluation:** From Ward The programme is highly appreciated by patients and wards staff; and brings about the joyful ward atmosphere. Patients are happy about the broad range of music to entertain different ages of patients. Even bed-bound patients are also enjoyed the music. However, our staff suggested that the duration of the event can be longer, and some patient comments are “ENCORE” 除了音響聲量大了一點，一切都很完美! 氣氛非常好! 病房同事很好，提醒有部份院友可能有攻擊行為，希望義工們會多加注意。 From Volunteers 好開心參與是次活動。 院友雖然健康情況欠佳，但應能表達出喜悅，對此感到有滿足感。 做一整天活動比較辛苦，半日會好一點。 上下午表演之間有充分休息時間，不會感到太累。 院友越投入就越落力表演。 From Staffs 病房環境未有充分了解，固延長了表演時間。 希望能有結他手現場彈奏。 7-8 人能帶動氣氛。 準備小樂器給院友，營造氣氛。 歌曲多元化，切合不同年齡院友，容易產生共鳴。