



## Service Priorities and Programmes Electronic Presentations

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### **123 Let's Get Together**

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### **Keywords:**

Team Building

### **Introduction**

With the expansion of hospital services, team development is imperative to strengthen interdepartmental communication. To cultivate better teamwork, a team development activity is essential.

### **Objectives**

1) To break the barrier and facilitate interdepartmental communication. 2) To develop trust and collaboration. 3) To enhance staff engagement and promote positive practice atmosphere. 4) To strengthen problem-solving skills and foster team spirit.

### **Methodology**

Organized one day off-site Team Building Training Workshop for nursing and supporting staff on 23 January 2016. Set the project scope boundaries and designed challenging team building activities. Recruited 34 participants and divided them into 3 teams randomly to provide chance for interdepartmental communication. Through structured and interactive activities, team members were required to collaborate effectively and work out possible solutions in completing the tasks and handling related difficulties.

### **Result**

1) After attended the Team Building Training Workshop, participants expressed they:  
- established an effective teamwork and developed trust between different ranks of team members. - overcome the difficulties encountered in the team building activities with collaboration and problem solving skills. - understood the importance of team work, skills of problem solving and conflict management which was practical in enhancing their workplace team spirit. 2) On the way forward, we will: - promote team spirit on a continuous basis. - foster interdepartmental collaboration and communication through formal and informal meeting. - organize tea gathering with participants half year later so as to follow up the application of learned skills in their daily operation and any issue arised amongst the departments.