



Service Priorities and Programmes Electronic Presentations

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Community Integration – Enhancement of Discharge Support to mild Stroke Patient from hospital to community

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Introduction

Facing sudden onset of stroke, most of patients and their carer may feel worries and helpless. Patient need to overcome numerous hurdles upon discharged. Stroke Rehabilitation not only provide treatment and nursing care, but also psychosocial support and community resources to patients and their carers for supporting good quality of life along patient's journey. Community & Patient Resource Centre (C&PRC) of Pamela Youde Nethersole Eastern Hospital (PYNEH) has been launching the "Stroke Empowerment Program" with collaboration with Department of Medicine and Community Rehabilitation Network (CRN).

Objectives

1. To engage a community partner in the interfacing program. 2. To emphasis community integration from hospital to community. 3. To set up a service flow from patient discharge in ward to rehab agency. 4. To increase knowledge and skill in disease management.

Methodology

1. Clinical Referral was made by stroke nurse via Out Patient Appointment System (OPAS) upon patient discharge and an appointment slip would be issued to patients so that they can treat the program as an element in their rehab pathway. 2. Telephone reminder before the program to ensure their attendance. 3. Multiple program content included Talk on Prevention of stroke recurrence, Peer Sharing and Introduction of Community Resources. 4. Initial assessment and service matching would be implemented by CRN one week after program.

Result

By 2015, 8 programs were held with total 332 patients were referred to the program via OPAS. 177 patients were participated with attendance rate of 53%. OPAS

referral Appointment slips helps maintain high enrolment and attendance rate.