



## Service Priorities and Programmes Electronic Presentations

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### **Create a colorful sky for child by hospital and community to work together**

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#### **Keywords:**

paediatric

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#### **Introduction**

Many people view on hospital is separation from society; unfamiliar environment and many strict policies. Parents and children impression of hospitalization were pain, scare and sad. Especially for paediatric patient and parents, they suffer extreme anxiety while they are hospitalization and need to under the infection control measure. Study stated that psychological preparation before invasive medical treatment can reduction of psychological stress. This program was a bridge to break these misunderstanding and build up a positive view of hospitalization for the health children before admission.

#### **Objectives**

Child can get a positive view of hospitalization

#### **Methodology**

A workshop was held in kindergarten. The content of workshop included: introduce hospital environment; common nursing/ invasive procedure and common investigation. During the workshop we also taught infection control practice such as hand washing. In practicing session, children who were experience the medical accessories. Children exposure their feeling on hospitalization and gave suggestion on their favorite hospital environment. A pilot was held from April 2014 to Aug 2015 in a Paediatric infection ward and a kindergarten.

#### **Result**

Children understood the nursing procedure and recognized the nursing care accessories that assessed by their feedback. They had positive view on hospitalization during design their ideal hospital environment (such as children favorite patient bed) and decorate some nursing care accessories (such as draw some picture to color the white paper cup which use for medication administration). Finally, kindergarten co-operate with our Hospital Administrative Service Department held a project – color the 'sky' (ceiling). Children felt that the patient lied on their bed could not see the beautiful sky. They drew rainbow, birds and clouds on the ceiling to replace the 'white' ceiling. They wished sick children also can see the beautiful sky. In the past, we treat patient's psychological fear by many methods during hospitalization. Now we helped the children work through hospitalization by psychological preparation

approach. It help children's produced a positive view on hospitalization and trigger their caring hearts. This year, we are performing the children's greeting to patient by video and invited more kindergarten to join in this program.