



九龍東醫院聯網
KOWLOON EAST CLUSTER



醫院管理局
HOSPITAL
AUTHORITY

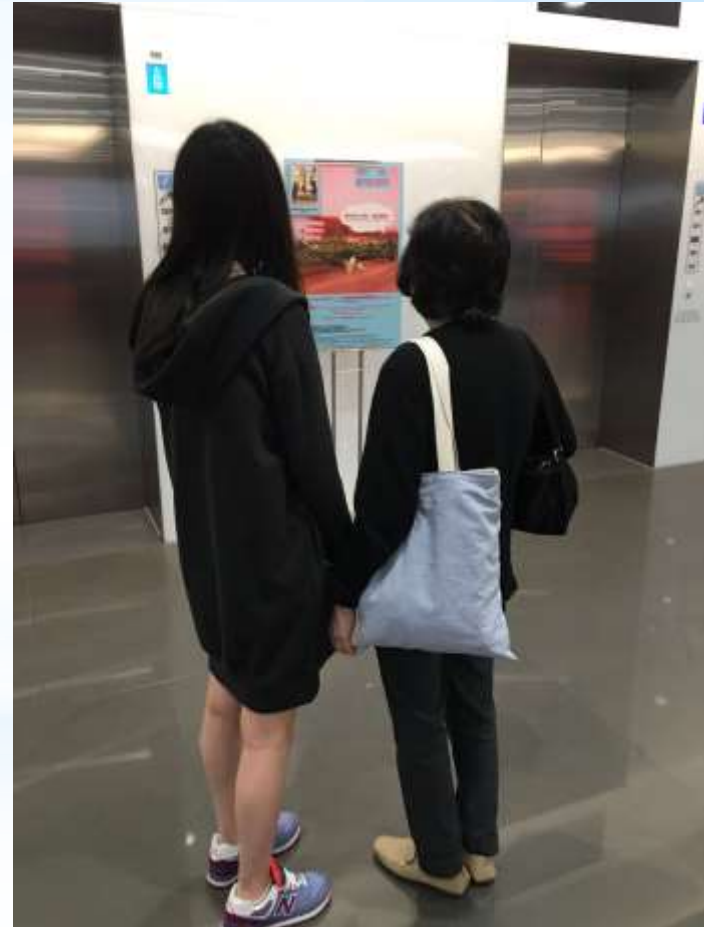
**KEC “Nightingale Life Mentor”
for Secondary School Students Volunteers
九龍東聯網「南丁格爾生命導師計劃」**

SY LAU

Department Operations Manager
Department of Surgery
United Christian Hospital

4 May 2016
Hospital Authority Convention 2016

Do we care too much?



Program Objective

- To bring the youth a ***positive*** life experience and caring attitude through visiting the elderly and post-visit sharing with the Nightingale Life Mentors
- To cultivate a ***caring*** community

Program Participants

- Volunteer nurses as life mentor
- Volunteer secondary school students
- The Elderly in the community -
patients discharged from Untied
Christian Hospital

醫福社協作服務 — 「南丁格爾生命導師計劃」

每個人都可以用自己正面的人生經歷，令身邊有需要的人得著關懷與支持，讓其生命帶來積極的鼓勵與轉化，以生命影響生命！

計劃目的：

- 透過熱心的護士員工擔任「生命導師」，本着南丁格爾精神帶領有志服務社群的學生義工，服務社區內有需要的出院長者
- 參與計劃的義工或接受服務的人士，以自己正面的人生經歷，為身邊有需要的人帶來積極的鼓勵與轉化，以生命影響生命
- 透過彼此的努力建立健康關愛和諧的社區

「南丁格爾義工」招募：

- 現招募28位本院熱心護士員工組成「南丁格爾義工隊」擔任「生命導師」推動服務
- 計劃首階段於觀塘區進行，次階段將邀請本聯網各院護士員工加入，服務擴展至九龍東其他地區

報名及詳情查詢：

歡迎願意付出時間的護士員工參加，查詢或報名請致電 3949 4694 與健康資源中心社工朱姑娘聯絡，截止日期 2014年9月25日

特別鳴謝

本計劃榮幸得到九龍東醫院聯網護理服務總經理岑素蘭女士擔任「南丁格爾生命導師計劃」名譽義工支持及鼓勵是項有意義的計劃的推行，謹致衷心謝意！

基督教聯合醫院健康資源中心
2014年9月5日

醫福社協作服務 — 「南丁格爾生命導師計劃」

第二階段現已開展

誠邀 將軍澳醫院、靈實醫院、基督教聯合醫院 護士員工參加

本計劃首階段於2014年9月於基督教聯合醫院開展，共招募了30位護士員工及51位來自6間中學的學生參加。護士員工擔任「生命導師」，透過幫助學生義工從關懷他人的過程中，讓生命得到反思及成長。經過一年的試驗，計劃的第二階段現已開展，並延伸至靈實醫院及將軍澳醫院。現誠邀九龍東醫院聯網各院有興趣的護士員工加入，攜手以自己的專業知識及人生經歷，為身邊有需要的人帶來積極鼓勵及生命的轉化。

「南丁格爾生命導師」職責：

- 由護士員工組成「南丁格爾生命導師」義工隊，協助推動服務
- 每兩位導師為一組帶領4位中學生
- 每組同一時間最多關懷2個被分配之長者家庭，每個案跟進為期6至8個月
- 導師在學生進行個案探訪的開始、中段、終結期間，參與組員的個案家訪3次，以了解組員的服務情況
- 每月致電及約見組員各1次，關心組員的服務進展及領受，引導個人成長
- 協助組員訂定服務目標，以用能幫助接受服務的長者帶來生命的轉化



本著南丁格爾精神
以生命影響生命

報名及查詢：

- 基督教聯合醫院社區參與及義工服務部 朱姑娘 3949 4694
- 靈實醫院社區參與及義工服務部 丘姑娘 2703 8632
- 將軍澳醫院健康資源中心 雷姑娘 2208 1259

截止日期：2015年11月30日

本計劃得到九龍東醫院聯網護理服務總經理岑素蘭女士擔任「南丁格爾生命導師計劃」名譽義工及基督教聯合醫院外科部門運作經理劉蘇英女士擔任「服務召集人」支持及協助計劃的推行

張玉清
九龍東醫院聯網病人支援及義工發展統籌
2015年11月13日

Invite and brief nurse volunteers



- 11/11/2014

- 19/11/2014



Provide briefing to nurse volunteers





Invited student volunteers
- 51 students joined in 9/2014

Provide training to student volunteers



Nurses volunteers & Student volunteers

2 - 3 nurses : 3 - 4 students



Kick off Ceremony - 25/4/2015

With presence of –

- Senior Management from HAHO & KEC
- KEC/CGMN, Ms. Alice Sham, honorable advisor
- Program Convenor, Ms. SY LAU
- All Nurse and Student Volunteers



Kick off Ceremony - 25/4/2015



Kick off Ceremony - 25/4/2015

All volunteers promised.....



Home Visits



Post-visit sharing



Meetings for evaluation and planning ahead



Hospital Visit.....

19/8 - 29/8/2015



Comments / Feedback

From school teachers –

- Widened students' vision, learned knowledge beyond the text books
- Gained personal growth
- Understood more about healthcare work in the hospital

Comments / Feedback

From students' parents –

- Increased sharing and communication with their children
- Became more active in caring their parents or grandparents
- Students showed interest in joining the healthcare team

Comments / Feedback

From nurses' volunteers –

- Satisfied with what they could share with others and create a community with caring
- Learned to “let go” & “let grow”
- Experienced “life” influences “life”
- Understood more about the new generation
- Observed the students’ growth in caring others and improvement of communication skills

Comments / Feedback

From students volunteers –

- Gained personal grow through sharing with the elderly & life mentors
- Learned to care from the view point of the person being cared
- Learned to treasure and be satisfy with what they own
- Experienced the harmony & happy of caring through sharing
- Learned the importance of team work, communication & problem solving skills
- Others - learned more community resources & understand more about healthcare work in the hospital

We are happy to be cared



Snap shots from home visits



Future Plan.....

Roll out the program to KEC in 9/2015

- Invite nurse volunteers from other hospitals (TKOH & HHH) in KEC
- Invite student volunteers from other schools in Kwun Tong & TKO
- Arrange sharing through electronic platform and community activities

Thanks to.....

- Honorable Advisor, Ms. Alice Sham, CGMN/KEC
- All nurse volunteers
- Community Involvement and Volunteer Services Department (CIVSD), United Christian Hospital

Thank you 😊