



Service Priorities and Programmes
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How Care Management Round (CMR) improve the quality of nursing services in O&T

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Introduction

Patient care in orthopaedic unit nowadays becomes more complicated than before. Many patients with multiple physio-psycho-social problems that need to address when they are in the hospital. It is a challenge for front-line nurses to provide a holistic care to such group of patients. The involvement of nursing experts can provide support to front-line nursing staff in one hand and on the other improve the standard of nursing care.

Objectives

1. Review the nursing care and maintain the standard of practice. 2. Provide advice and support to ward nurses in the management of high risk / complicated cases. 3. Serve as a kind of training that nurses in different positions can learn through sharing and discussion.

Methodology

1. At least one high risk / complicated case would be selected by the WM / delegate concerned. It would then inform team members (DOM, NC, WMs +- nurse experts from other specialties) before the round. 2. The date of the CMR is selected on the date before the medical grand round of that selected case. 3. Front-line nursing staff is encouraged to actively participate. 4. Team leader of the selected case(s) is responsible to present the condition, management and nursing care plan to the team members and participants. 5. The CMR is taken place at bed side before lunch of the selected date. Each case of discussion is not expected to last more than 30 minutes. 6. Team members' comment and opinion to the overall management should be documented and implemented accordingly by the respective WMs. 7. A record should be completed and sent to all team members to comment and follow up. A signed record would be filed by DOM / NC as future reference. 8. CMR Review Meeting would be held by the end of each quarter for follow up of the comments that have been made in that quarter. 9. "Lesson to Learn" from the CMR would be shared at the Joint Ward Meeting.

Result

The weekly case round by a team of nurse experts enhance a better nursing care which benefits both patient and staff. The record of each round and the follow up review meeting ensure that the comments that given were implemented accordingly. In addition, the advice could be borrowed to other patients and as a whole improve the standard of nursing care in the unit.